

Swim Into Summer LCM Masters Meet - 6/3/2022

Results

Event 1 Women 25-29 200 LC Meter Freestyle

MN: 2:26.50 ! 8/13/2007 Rachel C Hughey

NATL: 2:02.06 * 12/2/1995 SHEILA TAORMINA

Name	Age	Team	Seed Time	Finals Time
1 Punyko, Kelly	25	Nort'landers Swim Club-30	2:40.00	2:49.36
			36.75 1:19.43 2:03.87 2:49.36	
2 Beneke, Alayne	28	Twin Cities Aquatics Cooperati-30	3:00.00	3:18.51
			44.50 1:34.81 2:27.30 3:18.51	

Event 1 Women 50-54 200 LC Meter Freestyle

MN: 2:28.13 ! 7/28/2019 Jennifer Ridge

NATL: 2:13.18 * 8/8/2013 JILL HERNANDEZ

1 Phillips, Nicki	53	Hopkins Masters-30	2:55.00	3:09.43
			42.81 1:32.37 2:19.94 3:09.43	

Event 1 Women 60-64 200 LC Meter Freestyle

MN: 3:04.68 ! 6/30/2017 Jill S Whitney

NATL: 2:21.48 * 6/12/2012 LAURA VAL

1 Kratz, Peggy	62	Riptide Masters-30	2:50.62	2:52.37!
			41.31 1:25.47 2:10.04 2:52.37	

Event 1 Men 25-29 200 LC Meter Freestyle

MN: 2:00.96 ! 8/22/1993 Kevin Casson

NATL: 1:50.69 * 6/26/2013 ALEX WOLD

1 Bongers, Austin	28	Nort'landers Swim Club-30	2:40.00	2:32.34
			33.82 1:13.17 1:52.72 2:32.34	

Event 1 Men 35-39 200 LC Meter Freestyle

MN: 2:02.82 ! 5/16/2009 Duane W Dobko

NATL: 1:52.84 * 8/6/2006 VLAD PYSHNENKO

1 Hoke, Jimmy	36	Minnesota Ice Swim Club-30	2:37.25	2:43.32
			37.71 1:19.32 2:01.02 2:43.32	

Event 1 Men 40-44 200 LC Meter Freestyle

MN: 2:05.67 ! 8/23/1999 Nate Leigh

NATL: 1:53.65 * 8/2/2010 VLAD PYSHNENKO

1 Johnson, Luke	40	Hopkins Masters-30	2:40.00	2:33.73
			34.49 1:13.48 1:53.07 2:33.73	

Event 1 Men 60-64 200 LC Meter Freestyle

MN: 2:25.05 ! 8/6/2017 Darrell J Smith

NATL: 2:07.68 * 8/6/2017 DAN STEPHENSON

1 Collins, Craig	63	Hopkins Masters-30	2:45.00	2:52.14
			39.85 1:24.13 2:09.03 2:52.14	
2 Ness, Randal	60	Hopkins Masters-30	2:50.00	2:53.26
			38.83 1:23.54 2:08.33 2:53.26	
3 Countryman, Mark	60	Hopkins Masters-30	3:30.00	3:12.80
			39.57 1:28.72 2:20.10 3:12.80	

Event 1 Men 65-69 200 LC Meter Freestyle

MN: 2:35.35 ! 5/18/2014 Marc S Anderson

NATL: 2:09.39 * 8/6/2017 RICK COLELLA

1 Stevens, Richard	67	Nort'landers Swim Club-30	3:25.00	3:27.57
			43.38 1:36.03 2:30.88 3:27.57	

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Event 1 Men 70-74 200 LC Meter Freestyle

MN: 2:42.71 ! 7/21/2001 Dave G Anderson

NATL: 2:23.30 * 7/31/2018 FRED SCHLICHER

1	Nelson, Steven	70	EP Foxjets Masters-30	3:02.50	3:12.32
	42.48	1:31.19	2:23.40	3:12.32	

Event 2 Women 18-24 200 LC Meter IM

MN: 2:38.72 ! 8/6/2015 Courtney Silva

NATL: 2:16.06 * 7/1/2008 LAURA DAVIS

1	Peck, Allison	20	EP Foxjets Masters-30	2:44.96	3:05.95
	36.46	1:23.77	2:21.39	3:05.95	

Event 2 Women 25-29 200 LC Meter IM

MN: 2:40.82 ! 8/25/1983 Edith Spang

NATL: 2:14.03 * 6/29/2013 JUSTINE MUELLER

1	Fittipaldi, Carolyn	29	Minnetonka Masters-30	3:00.00	2:56.26
	37.08	1:23.53	2:15.40	2:56.26	

Event 2 Women 35-39 200 LC Meter IM

MN: 2:28.93 ! 8/28/1994 Judith Lallier

NATL: 2:22.42 * 7/19/1997 K PIPES-NEILSEN

1	Aitchison, Kate	38	Piranhas Master's Workout Grou-30	3:00.00	3:28.77
	39.37	1:37.03	2:39.27	3:28.77	

Event 2 Women 40-44 200 LC Meter IM

MN: 2:53.55 ! 7/16/2000 Michele Devitt

NATL: 2:25.03 * 8/5/2007 S VON DER LIPPE

1	Williams, Andrea	41	Hopkins Masters-30	3:05.00	3:16.75
	43.49	1:35.02	2:29.74	3:16.75	

Event 2 Women 50-54 200 LC Meter IM

MN: 2:46.52 ! 7/28/2019 Jennifer Ridge

NATL: 2:31.02 * 8/7/2016 ELLEN REYNOLDS

1	Dussliere, Julie	50	Swim Fort Lauderdale-50	5:00.00	3:06.65
	40.11	1:29.65	2:23.14	3:06.65	

Event 2 Women 55-59 200 LC Meter IM

MN: 2:46.52 ! 8/6/2017 Barbara A Scouler

NATL: 2:31.51 * 7/6/2019 ELLEN REYNOLDS

1	Mook, Maureen	55	Piranhas Master's Workout Grou-30	3:10.00	3:31.46
	41.62	1:38.55	2:40.85	3:31.46	
2	Brady, Margo	57	Relaykers-30	5:13.11	5:25.39
			2:57.41	4:20.53	5:25.39

Event 2 Women 65-69 200 LC Meter IM

MN: 3:36.94 ! 8/6/2017 Sharon M Lee-Sher

NATL: 2:51.52 * 8/4/2019 PENNY NOYES

1	Pendergast, Paula	68	Relaykers-30	3:54.31	3:50.54
	56.11	1:56.02	2:58.18	3:50.54	

Event 2 Men 35-39 200 LC Meter IM

MN: 2:17.27 ! 8/23/1999 Chris Weissman

NATL: 2:05.64 * 12/7/2002 RONALD KARNAUGH

---	Wilson, Andrew	36	Minnesota Masters Swim Club-30	2:45.00	DQ
	32.63	1:15.43	2:04.07	DQ	

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Event 2 Men 55-59 200 LC Meter IM

MN: 2:45.70 ! 8/6/2017 John M Hugo

NATL: 2:20.67 * 2/22/2020 JEROME FRENTSOS

1	Redding, Steven	55	Hopkins Masters-30	3:20.00	3:46.35
	44.07 1:44.99 2:52.15 3:46.35				

Event 2 Men 60-64 200 LC Meter IM

MN: 2:50.34 ! 5/19/2013 Marc S Anderson

NATL: 2:21.99 * 8/17/2014 RICK COLELLA

1	Collins, Craig	63	Hopkins Masters-30	3:20.00	3:36.72
	47.69 1:44.25 2:50.56 3:36.72				
2	McLaughlin, Steve	64	Minneapolis Ywca Masters-30	4:50.00	4:36.04
	1:03.77 2:24.48 3:37.06 4:36.04				

Event 2 Men 70-74 200 LC Meter IM

MN: 3:14.54 ! 6/24/2017 Robin T Kleffman

NATL: 2:47.63 * 8/10/2019 HUBIE KERNS

1	Stewart, Charles	71	Nort'landers Swim Club-30	3:45.00	3:50.60
	49.99 1:47.80 2:51.39 3:50.60				

Event 3 Women 25-29 100 LC Meter Backstroke

MN: 1:13.77 ! 8/6/2017 Mellissa M Nelson

NATL: 1:01.60 * 7/31/2018 EMI MORONUKI

1	Punyko, Kelly	25	Nort'landers Swim Club-30	1:25.00	1:22.12
	40.03 1:22.12				
2	Beneke, Alayne	28	Twin Cities Aquatics Cooperati-30	1:30.00	1:40.89
	48.73 1:40.89				

Event 3 Women 30-34 100 LC Meter Backstroke

MN: 1:09.79 ! 8/23/1993 Judith Lallier

NATL: 1:01.78 * 8/6/2011 NORIKO INADA

1	Kaiser, Katherine	31	Minneapolis Ywca Masters-30	1:16.12	1:23.30
	38.87 1:23.30				

Event 3 Women 50-54 100 LC Meter Backstroke

MN: 1:17.53 ! 7/28/2019 Jennifer Ridge

NATL: 1:09.28 * 8/8/2014 ELLEN REYNOLDS

1	Dussliere, Julie	50	Swim Fort Lauderdale-50	1:30.00	1:32.02
	44.32 1:32.02				
2	Maki, Karyn	50	Sea Devils Masters-30	1:46.32	1:48.22
	51.34 1:48.22				

Event 3 Women 60-64 100 LC Meter Backstroke

MN: 1:34.09 ! 8/6/2017 Cynthia L Maltry

NATL: 1:14.50 * 7/15/2018 BONNIE BILICH

1	Ballard, Barbara	63	Hopkins Masters-30	1:31.50	1:36.47
	42.39 1:36.47				

Event 3 Men 25-29 100 LC Meter Backstroke

MN: 58.92 ! 8/22/1993 Robert Hauck

NATL: 55.15 * 8/3/2011 ADAM MANIA

1	Bongers, Austin	28	Nort'landers Swim Club-30	1:20.00	1:22.16
	39.55 1:22.16				

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Event 3 Men 75-79 100 LC Meter Backstroke

MN: 1:38.82 ! 8/6/2017 John Bergman

NATL: 1:17.17 * 7/31/2018 RICHARD BURNS

1	Kleffman, Robin	75	Relaykers-30	1:39.90	1:40.04
	48.82	1:40.04			

Event 4 Women 40-44 50 LC Meter Breaststroke

MN: 39.67 ! 8/10/1997 Jill S Whitney

NATL: 32.47 * 8/19/2016 KATIE GLENN

1	Williams, Andrea	41	Hopkins Masters-30	40.00	42.84
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Event 4 Women 50-54 50 LC Meter Breaststroke

MN: 41.52 ! 8/6/2017 Sue M Nygaard

NATL: 36.94 * 8/9/2019 LAUREL HILL

1	Maki, Karyn	50	Sea Devils Masters-30	50.24	51.41
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Event 4 Women 55-59 50 LC Meter Breaststroke

MN: 43.08 ! 6/21/2014 Jill S Whitney

NATL: 37.13 * 7/16/2017 CAROLINE KRATTLI

1	Brady, Margo	57	Relaykers-30	59.25	1:06.14
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Event 4 Women 60-64 50 LC Meter Breaststroke

MN: 43.96 ! 8/6/2017 Jill S Whitney

NATL: 39.02 * 8/19/2016 BETH ESTEL

1	Seliga-Punyko, Judy	64	Nort'landers Swim Club-30	50.00	51.18
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Event 4 Women 65-69 50 LC Meter Breaststroke

MN: 49.57 ! 8/6/2017 Elizabeth V Cutte

NATL: 41.93 * 8/19/2016 DOT MUNGER

1	Pendergast, Paula	68	Relaykers-30	49.67	52.11
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Event 4 Women 70-74 50 LC Meter Breaststroke

MN: 58.05 ! 7/26/1981 Marion Johnson

NATL: 43.19 * 8/3/2018 DANA BROWN

1	Lee-Sheridan, Sharon	70	Relaykers-30	1:00.00	52.57!
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Event 4 Women 75-79 50 LC Meter Breaststroke

MN: 1:13.57 ! 7/28/2019 Pat Lillehei

NATL: 47.10 * 7/19/2014 JOANN LEILICH

1	Lillehei, Patsy	78	Relaykers-30	1:09.89	1:28.17
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Event 4 Men 35-39 50 LC Meter Breaststroke

MN: 29.95 ! 7/8/2012 Brian L Jacobson

NATL: 28.53 * 5/25/2009 JEFF COMMINGS

1	Kittelsohn, Paul	36	Minnesota Ice Swim Club-30	44.00	44.12
2	Hoke, Jimmy	36	Minnesota Ice Swim Club-30	46.00	44.19

Event 4 Men 40-44 50 LC Meter Breaststroke

MN: 30.18 ! 8/7/2013 Brian L Jacobson

NATL: 29.02 * 7/27/2014 JEFF COMMINGS

1	Johnson, Luke	40	Hopkins Masters-30	40.00	42.85
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Event 4 Men 60-64 50 LC Meter Breaststroke

MN: 35.98 ! 8/6/2017 Bruce Paakh

NATL: 32.87 * 6/13/2012 TIMOTHY SHEAD

1	Kochendorfer, James	62	Relaykers-30	33.00	38.73
2	Barriuso, Ray	64	Riptide Masters-30	44.40	45.28

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Results

(Event 4 Men 60-64 50 LC Meter Breaststroke)

3	McLaughlin, Steve	64	Minneapolis Ywca Masters-30	55.00	55.36
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Event 4 Men 70-74 50 LC Meter Breaststroke

MN:	40.99	!	8/6/2017	Jim L Pelissier
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NATL:	36.57	*	6/15/2019	PEDER DAHLBERG
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1	Jacobson, Duane	71	Relaykers-30	1:15.14	1:13.33
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Event 5 Women 120-159 400 LC Meter Freestyle Relay

MN:	5:08.82	!	8/10/2003	SEMS
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K Hickel, J Whitney, T Hacker, M Frink
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NATL:	4:17.94	*	7/31/1994	STANFORD MASTERS SWIMMING
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M MC KINNEY, C CHICHESTER, D OGIER, K SHIBUYA

1	Minnesota Masters Swim Club-30	A	NT	5:09.96
	1) Nymeyer, Elizabeth W40	2) Fittipaldi, Carolyn W29	3) Williams, Andrea W41	4) Kaiser, Katherine W31
	35.46	1:16.24	1:52.68	2:36.02
		3:11.68	3:56.53	4:30.40
			5:09.96	

Event 7 Mixed 160-199 400 LC Meter Freestyle Relay

MN:	4:27.92	!	5/14/2011	HOPK
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J Stone, K Marentette, S Tripps, T Ruehle

NATL:	3:57.18	*	8/6/2016	NORTH CAROLINA MASTERS
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E BRAUN, S DALLAMURA, K LINDAUER, V FLETCHER
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1	Nort'landers Swim Club-30	A	NT	5:47.66
	1) Stevens, Richard M67	2) Punyko, Kelly W25	3) Bongers, Austin M28	4) Seliga-Punyko, Judy W64
	43.95	1:32.76	2:10.27	2:53.48
		3:26.96	4:04.28	4:54.45
			5:47.66	

Event 7 Mixed 200-239 400 LC Meter Freestyle Relay

MN:	4:50.22	!	7/28/2019	MN - Riptide Ma
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C Lambert, Peggy Kratz, Sean Bateman, Steven
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NATL:	4:02.62	*	6/20/2015	ILLINOIS MASTERS
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D SIMS, A BLOCK, L DILLMANN, J TUCHLER
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1	Riptide Masters-30	A	NT	5:08.55
	1) Barriuso, Ray M64	2) Kratz, Peggy W62	3) Gruenwald, Steven M61	4) Gant, Kayla W20
	37.82	1:21.92	1:59.59	2:41.28
		3:18.01	3:58.05	4:30.21
			5:08.55	

Event 7 Mixed 280-319 400 LC Meter Freestyle Relay

MN:	6:44.83	!	6/23/2018	MINN
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S Lee-Sheridan, M Kaplan, A Bacon, M Anderson

NATL:	5:03.30	*	7/23/2016	TAMALPAIS AQUATIC MASTERS
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L VAL, N RIDOUT, R MEYERHOFF, R BURNS

1	Relaykers-30	A	9:00.00	9:12.91
	1) Kleffman, Robin M75	2) Lillehei, Patsy W78	3) Brady, Margo W57	4) Jacobson, Duane M71
	44.55	1:30.22	2:53.75	4:24.03
		5:19.65	6:23.12	9:12.91

Event 8 Women 25-29 50 LC Meter Backstroke

MN:	31.37	!	8/6/2017	Shanda Louw
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NATL:	28.39	*	8/2/2018	EMI MORONUKI
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1	Punyko, Kelly	25	Nort'landers Swim Club-30	38.00	39.30
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Event 8 Women 30-34 50 LC Meter Backstroke

MN:	33.90	!	8/6/2017	Kathryn E Vandam
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NATL:	28.57	*	7/8/2012	NORIKO INADA
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1	Kaiser, Katherine	31	Minneapolis Ywca Masters-30	34.32	39.92
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Event 8 Women 35-39 50 LC Meter Backstroke

MN: 32.26 ! 8/6/2017 Beth A Schaffer

NATL: 28.63 * 8/18/2016 NORIKO INADA

1 Aitchison, Kate 38 Piranhas Master's Workout Grou-30 46.50 47.64

Event 8 Women 40-44 50 LC Meter Backstroke

MN: 33.42 ! 5/13/2012 Katrina D R Gerry

NATL: 29.62 * 8/2/2018 NORIKO INADA

1 Nymeyer, Elizabeth 40 Minnesota Ice Swim Club-30 39.90 44.87

Event 8 Women 50-54 50 LC Meter Backstroke

MN: 35.48 ! 8/10/2009 Jane J Duncan

NATL: 32.41 * 6/22/2013 LESLIE LIVINGSTON

1 Maki, Karyn 50 Sea Devils Masters-30 48.08 51.16

Event 8 Women 55-59 50 LC Meter Backstroke

MN: 38.34 ! 7/28/2019 Barbara A Scouler

NATL: 31.99 * 8/2/2018 HOLLY GREEN BLAIR

1 Brady, Margo 57 Relaykers-30 58.40 1:07.46

Event 8 Women 60-64 50 LC Meter Backstroke

MN: 41.13 ! 8/6/2017 Cynthia L Maltry

NATL: 33.86 * 8/9/2015 LAURA VAL

1 Ballard, Barbara 63 Hopkins Masters-30 40.00 43.32

Event 8 Women 65-69 50 LC Meter Backstroke

MN: 46.24 ! 8/6/2017 Patricia G Ophaug

NATL: 33.59 * 8/2/2018 LAURA VAL

1 Pendergast, Paula 68 Relaykers-30 47.32 51.57

Event 8 Men 25-29 50 LC Meter Backstroke

MN: 27.42 ! 8/22/1993 Robert Hauck

NATL: 26.05 * 5/22/2011 ADAM MANIA

1 Bongers, Austin 28 Nort'landers Swim Club-30 35.00 37.79

Event 8 Men 35-39 50 LC Meter Backstroke

MN: 28.83 ! 7/31/2005 Thomas Senn

NATL: 26.54 * 8/10/2019 JEFF NATALIZIO

1 Kittelson, Paul 36 Minnesota Ice Swim Club-30 44.00 43.72

Event 8 Men 40-44 50 LC Meter Backstroke

MN: 29.08 ! 8/23/1999 Peter D Rocca

NATL: 27.47 * 8/23/2008 MICHAEL ROSS

1 Johnson, Luke 40 Hopkins Masters-30 35.00 36.75

Event 8 Men 70-74 50 LC Meter Backstroke

MN: 39.64 ! 8/3/2017 Robin T Kleffman

NATL: 33.58 * 8/4/2017 HUGH WILDER

1 Nelson, Steven 70 EP Foxjets Masters-30 39.00 40.19

2 Stewart, Charles 71 Nort'landers Swim Club-30 50.00 46.24

Event 9 Women 25-29 100 LC Meter Breaststroke

MN: 1:19.86 ! 5/18/2014 Alison Schirmers

NATL: 1:06.07 * 6/28/2016 KATIE MEILI

1 Punyko, Kelly 25 Nort'landers Swim Club-30 1:35.00 1:44.98

50.94 1:44.98

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Results

Event 9 Women 40-44 100 LC Meter Breaststroke

MN: 1:28.78 ! 8/23/1999 Jill S Whitney

NATL: 1:12.12 * 6/30/2008 S VON DER LIPPE

1	Williams, Andrea	41	Hopkins Masters-30	1:35.00	1:38.82
	46.57	1:38.82			

Event 9 Women 50-54 100 LC Meter Breaststroke

MN: 1:32.55 ! 8/6/2017 Sue M Nygaard

NATL: 1:22.23 * 8/4/2014 CORRIN POPPS

1	Dussliere, Julie	50	Swim Fort Lauderdale-50	1:40.00	1:37.71
	46.25	1:37.71			

Event 9 Women 60-64 100 LC Meter Breaststroke

MN: 1:41.48 ! 8/6/2017 Jill S Whitney

NATL: 1:27.24 * 8/18/2016 BETH ESTEL

1	Seliga-Punyko, Judy	64	Nortlanders Swim Club-30	1:50.00	1:56.43
	54.52	1:56.43			

Event 9 Women 65-69 100 LC Meter Breaststroke

MN: 1:50.57 ! 6/23/2018 Sharon M Lee-Sher

NATL: 1:32.24 * 8/10/2019 LO KNAPP

1	Pendergast, Paula	68	Relaykers-30	1:49.86	1:58.32
	56.09	1:58.32			

Event 9 Women 70-74 100 LC Meter Breaststroke

MN: 2:13.87 ! 7/28/2019 Mary Hoover

NATL: 1:38.78 * 7/18/2009 JOANN LEILICH

1	Lee-Sheridan, Sharon	70	Relaykers-30	2:00.00	1:55.05!
	56.95	1:55.05			

Event 9 Women 75-79 100 LC Meter Breaststroke

MN: 3:01.38 ! 7/28/2019 Pat Lillehei

NATL: 1:42.18 * 8/15/2014 JOANN LEILICH

1	Lillehei, Patsy	78	Relaykers-30	2:36.03	3:22.02
	1:33.09	3:22.02			

Event 9 Men 35-39 100 LC Meter Breaststroke

MN: 1:07.86 ! 7/8/2012 Brian L Jacobson

NATL: 1:03.76 * 7/14/2013 JEFF COMMINGS

1	Hoke, Jimmy	36	Minnesota Ice Swim Club-30	1:36.66	1:36.57
	46.02	1:36.57			

Event 9 Men 55-59 100 LC Meter Breaststroke

MN: 1:16.39 ! 8/6/2015 James Kochendorfr

NATL: 1:07.97 * 7/31/2015 DAVID GUTHRIE

1	Redding, Steven	55	Hopkins Masters-30	1:39.00	1:45.05
	48.90	1:45.05			

Event 9 Men 60-64 100 LC Meter Breaststroke

MN: 1:24.21 ! 6/13/2004 Jim L Pelissier

NATL: 1:11.76 * 1/12/2020 DAVID GUTHRIE

1	Kochendorfer, James	62	Relaykers-30	1:20.68	1:28.42
	40.49	1:28.42			
2	McLaughlin, Steve	64	Minneapolis Ywca Masters-30	2:01.00	1:59.60
	1:01.46	1:59.60			

Swim Into Summer LCM Masters Meet - 6/3/2022

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Event 12 Mixed 240-279 800 LC Meter Freestyle Relay

MN: 15:48.70 ! 7/9/2016 MINN

E Connelly, P Odgen, J Joyner, M Kaplan

NATL: 9:54.42 * 6/11/2017 SARASOTA Y SHARKS

J GROSELLE, R WALKER, L GROSELLE, K PARKER PALACE

1	Relaykers-30	A	18:30.00	18:36.95
	1) Pendergast, Paula W68	2) Brady, Margo W57	3) Jacobson, Duane M71	4) Hodgson, Thomas M73
	54.55 1:51.46 2:52.31 3:55.77 4:49.43 5:58.65 7:07.58 8:14.44			
	9:38.10 11:25.21 13:13.72 15:47.26 16:45.04 17:40.81 18:36.95			

Event 13 Women 18-24 100 LC Meter Butterfly

MN: 1:11.18 ! 8/22/1993 Michele Whale

NATL: 1:01.04 * 6/29/2008 LAURA DAVIS

1	Peck, Allison	20	EP Foxjets Masters-30	1:11.88	1:24.55
	37.84 1:24.55				

Event 13 Women 50-54 100 LC Meter Butterfly

MN: 1:23.94 ! 8/15/2005 Nancy L Kryka

NATL: 1:07.80 * 8/13/2011 JILL HERNANDEZ

1	Dussliere, Julie	50	Swim Fort Lauderdale-50	1:35.00	1:30.69
	41.08 1:30.69				

Event 13 Women 60-64 100 LC Meter Butterfly

MN: 1:52.62 ! 8/10/2009 Babs Larsen

NATL: 1:12.06 * 8/4/2011 LAURA VAL

1	Kratz, Peggy	62	Riptide Masters-30	1:40.62	1:37.45!
	46.38 1:37.45				

Event 13 Women 70-74 100 LC Meter Butterfly

MN: 1:57.98 ! 8/2/2017 Babs Larsen

NATL: 1:35.09 * 7/10/2016 MARGOT PETTIJOHN

1	Lee-Sheridan, Sharon	70	Relaykers-30	2:00.00	2:01.77
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Event 13 Men 35-39 100 LC Meter Butterfly

MN: 1:00.40 ! 8/18/1997 Skip Grantham

NATL: 53.65 * 8/2/2018 KOHEI KAWAMOTO

1	Wilson, Andrew	36	Minnesota Masters Swim Club-30	1:10.00	1:09.56
	33.11 1:09.56				

Event 13 Men 70-74 100 LC Meter Butterfly

MN: 1:20.59 ! 8/6/2017 Robin T Kleffman

NATL: 1:12.43 * 7/8/2018 MCPHERSON\SCHLICH

1	Fine, Gary	72	Relaykers-30	1:42.00	1:40.72
	47.09 1:40.72				

Event 14 Women 18-24 50 LC Meter Freestyle

MN: 28.21 ! 8/6/2017 Emma Ruehle

NATL: 26.22 * 7/26/2009 KARA DENBY

1	Gant, Kayla	20	Riptide Masters-30	29.70	30.94
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Event 14 Women 25-29 50 LC Meter Freestyle

MN: 27.12 ! 8/6/2017 Shanda Louw

NATL: 24.83 * 8/10/2014 MADISON KENNEDY

1	Beneke, Alayne	28	Twin Cities Aquatics Cooperati-30	40.00	38.54
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Swim Into Summer LCM Masters Meet - 6/3/2022

Results

Event 14 Women 30-34 50 LC Meter Freestyle

MN: 28.25 ! 8/3/2014 Katy A Coombe

NATL: 25.57 * 8/8/2009 ERIKA ERNDL

1 Kaiser, Katherine 31 Minneapolis Ywca Masters-30 29.53 32.17

Event 14 Women 35-39 50 LC Meter Freestyle

MN: 28.53 ! 6/24/2017 Beth Schaffer

NATL: 25.52 * 6/29/2013 ERIKA ERNDL

1 Aitchison, Kate 38 Piranhas Master's Workout Grou-30 39.00 34.68

Event 14 Women 40-44 50 LC Meter Freestyle

MN: 27.81 ! 5/13/2012 Katrina D R Gerry

NATL: 24.25 * 7/6/2008 DARA TORRES

1 Williams, Andrea 41 Hopkins Masters-30 33.00 36.86

Event 14 Women 50-54 50 LC Meter Freestyle

MN: 28.85 ! 5/16/2009 Ann C Senn

NATL: 28.17 * 7/9/2016 FALL WILLEBOORDSE

1 Maki, Karyn 50 Sea Devils Masters-30 34.83 37.47

Event 14 Women 55-59 50 LC Meter Freestyle

MN: 30.92 ! 8/6/2017 Barbara A Scouler

NATL: 28.46 * 8/8/2019 HOLLY GREEN BLAIR

1 Mook, Maureen 55 Piranhas Master's Workout Grou-30 34.72 35.19

2 Brady, Margo 57 Relaykers-30 42.58 46.60

Event 14 Women 60-64 50 LC Meter Freestyle

MN: 35.37 ! 8/6/2017 Jill S Whitney

NATL: 29.21 * 8/4/2018 PENNY NOYES

1 Seliga-Punyko, Judy 64 Nort'landers Swim Club-30 43.00 44.51

Event 14 Men 25-29 50 LC Meter Freestyle

MN: 24.01 ! 6/23/2018 Ryan Miksch

NATL: 21.69 * 8/10/2014 NATHAN ADRIAN

1 Bongers, Austin 28 Nort'landers Swim Club-30 30.00 29.32

Event 14 Men 35-39 50 LC Meter Freestyle

MN: 23.35 ! 6/25/2012 Brian L Jacobson

NATL: 23.09 * 8/8/2019 ANTHONY ERVIN

1 Kittelson, Paul 36 Minnesota Ice Swim Club-30 33.00 32.39

Event 14 Men 40-44 50 LC Meter Freestyle

MN: 23.31 ! 8/10/2014 Brian L Jacobson

NATL: 23.31 * 8/13/2014 BRIAN JACOBSON

1 Johnson, Luke 40 Hopkins Masters-30 30.00 30.45

Event 14 Men 60-64 50 LC Meter Freestyle

MN: 26.48 ! 8/6/2017 Trip Hedrick

NATL: 25.23 * 8/10/2006 RICHARD ABRAHAMS

1 Barriuso, Ray 64 Riptide Masters-30 32.90 32.12

2 Ness, Randal 60 Hopkins Masters-30 35.00 33.80

3 McLaughlin, Steve 64 Minneapolis Ywca Masters-30 44.00 48.08

Event 14 Men 65-69 50 LC Meter Freestyle

MN: 28.67 ! 8/6/2015 Marc S Anderson

NATL: 26.21 * 7/6/2018 DOUG MARTIN

1 Stevens, Richard 67 Nort'landers Swim Club-30 40.00 41.11

Swim Into Summer LCM Masters Meet - 6/3/2022

Results

Event 14 Men 70-74 50 LC Meter Freestyle

MN: 30.56 ! 7/28/2019 Marc S Anderson

NATL: 27.71 * 8/7/2015 RICHARD ABRAHAMAS

1	Nelson, Steven	70	EP Foxjets Masters-30	35.60	35.96
2	Stewart, Charles	71	Nort'landers Swim Club-30	40.00	41.76
3	Jacobson, Duane	71	Relaykers-30	1:10.70	1:22.93

Event 18 Mixed 280-319 400 LC Meter Medley Relay

MN: 7:44.38 ! 6/24/2017 MINN

C Smollen, B Kansas, R Kleffman, M Hoover

NATL: 5:28.17 * 5/10/2015 TAMALPAIS AQUATIC MASTERS

R BURNS, K FROST, L VAL, N RIDOUT

1	Relaykers-30	A		8:30.00	8:28.89
	1) Hodgson, Thomas M73	2) Pendergast, Paula W68	3) Kleffman, Robin M75		4) Lillehei, Patsy W78
	56.87	1:57.57	2:54.46	3:56.40	4:39.18
				5:35.91	6:58.89
				8:28.89	

Event 19 Women 18-24 50 LC Meter Butterfly

MN: 31.73 ! 8/22/1993 Michele Whale

NATL: 28.62 * 7/12/2009 MEG GILL

1	Peck, Allison	20	EP Foxjets Masters-30	33.02	37.25
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Event 19 Women 25-29 50 LC Meter Butterfly

MN: 29.58 ! 8/6/2017 Shanda Louw

NATL: 27.37 * 6/28/2017 HANNAH SAIZ

1	Punyko, Kelly	25	Nort'landers Swim Club-30	40.00	36.57
2	Fittipaldi, Carolyn	29	Minnetonka Masters-30	40.00	36.74
3	Beneke, Alayne	28	Twin Cities Aquatics Cooperati-30	45.00	45.56

Event 19 Women 30-34 50 LC Meter Butterfly

MN: 30.35 ! 8/6/2017 Katie DeRegnier

NATL: 27.48 * 6/7/2008 MARTINA MORAVCOVA

1	Kaiser, Katherine	31	Minneapolis Ywca Masters-30	33.81	36.73
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Event 19 Women 40-44 50 LC Meter Butterfly

MN: 29.40 ! 5/13/2012 Katrina D R Gerry

NATL: 28.36 * 6/8/2013 ERIKA BRAUN

1	Williams, Andrea	41	Hopkins Masters-30	36.00	40.41
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Event 19 Women 55-59 50 LC Meter Butterfly

MN: 32.21 ! 8/6/2017 Barbara A Scouler

NATL: 30.52 * 7/10/2016 LESLIE LIVINGSTON

1	Mook, Maureen	55	Piranhas Master's Workout Grou-30	39.40	41.04
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Event 19 Women 65-69 50 LC Meter Butterfly

MN: 45.20 ! 6/23/2018 Sharon M Lee-Sher

NATL: 32.93 * 8/4/2019 PENNY NOYES

1	Pendergast, Paula	68	Relaykers-30	52.62	56.61
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Event 19 Women 70-74 50 LC Meter Butterfly

MN: 53.48 ! 6/24/2017 Babs Larsen

NATL: 35.02 * 8/5/2017 DIANN UUSTAL

1	Lee-Sheridan, Sharon	70	Relaykers-30	1:00.00	49.77!
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Event 19 Men 35-39 50 LC Meter Butterfly

MN: 25.93 ! 7/8/2012 Brian L Jacobson

NATL: 24.14 * 8/15/2015 KOHEI KAWAMOTO

1	Wilson, Andrew	36	Minnesota Masters Swim Club-30	29.00	30.28
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Swim Into Summer LCM Masters Meet - 6/3/2022

Results

(Event 19 Men 35-39 50 LC Meter Butterfly)

2	Kittelson, Paul	36	Minnesota Ice Swim Club-30	38.00	39.98
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Event 19 Men 55-59 50 LC Meter Butterfly

MN:	27.77	!	5/13/2012	Trip Hedrick
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NATL:	26.86	*	8/6/2009	GARY HALL
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1	Redding, Steven	55	Hopkins Masters-30	40.00	41.77
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Event 19 Men 70-74 50 LC Meter Butterfly

MN:	32.70	!	8/6/2017	Robin T Kleffman
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NATL:	30.06	*	8/9/2015	RICHARD ABRAHAMS
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1	Fine, Gary	72	Relaykers-30	42.00	43.33
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Event 20 Women 18-24 100 LC Meter Freestyle

MN:	1:01.15	!	8/6/2017	Emma Ruehle
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NATL:	57.90	*	8/14/2014	RACHAEL BURNETT
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1	Gant, Kayla	20	Riptide Masters-30	1:07.49	1:12.21
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33.08	1:12.21
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Event 20 Women 50-54 100 LC Meter Freestyle

MN:	1:06.10	!	5/16/2009	Ann C Senn
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NATL:	1:01.13	*	8/19/2001	LAURA VAL
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1	Dussliere, Julie	50	Swim Fort Lauderdale-50	1:15.00	1:15.56
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35.09	1:15.56
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Event 20 Women 55-59 100 LC Meter Freestyle

MN:	1:09.08	!	8/6/2017	Peggy Kratz
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NATL:	1:02.02	*	8/13/2007	VAL\VAL
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1	Brady, Margo	57	Relaykers-30	1:45.29	1:56.20
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52.59	1:56.20
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Event 20 Women 60-64 100 LC Meter Freestyle

MN:	1:21.20	!	6/30/2017	Jill S Whitney
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NATL:	1:03.83	*	8/5/2011	LAURA VAL
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1	Seliga-Punyko, Judy	64	Nort'landers Swim Club-30	1:45.00	1:40.23
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48.26	1:40.23
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Event 20 Men 50-54 100 LC Meter Freestyle

MN:	55.41	!	8/15/2004	Trip Hedrick
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NATL:	54.18	*	8/4/2017	NICOLAS GRANGER
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1	Grant, Matthews	51	Uc30	1:03.50	1:04.70
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30.46	1:04.70
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Event 20 Men 60-64 100 LC Meter Freestyle

MN:	58.25	!	8/6/2017	Trip Hedrick
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NATL:	57.79	*	6/14/2014	JACK GROSELLE
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1	Ness, Randal	60	Hopkins Masters-30	1:16.00	1:15.83
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36.05	1:15.83
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2	Barriuso, Ray	64	Riptide Masters-30	1:15.63	1:18.43
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37.36	1:18.43
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Event 20 Men 70-74 100 LC Meter Freestyle

MN:	1:12.37	!	7/28/2019	Marc S Anderson
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NATL:	1:03.32	*	8/8/2015	DAVID QUIGGIN
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1	Stewart, Charles	71	Nort'landers Swim Club-30	1:45.00	1:47.62
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49.47	1:47.62
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Results

Event 21 Women 25-29 800 LC Meter Freestyle

MN: 10:41.61 ! 8/10/1997 Laura Antonietta

NATL: 8:47.44 * 7/19/2001 RACHEL KOMISARZ

1	Beneke, Alayne	28	Twin Cities Aquatics Cooperati-30	13:00.00	14:24.50			
	47.12	1:40.04	2:31.62	3:26.92	4:19.44	5:16.51	6:09.89	7:06.42
	8:00.17	8:56.96	9:51.41	10:47.88	11:42.75	12:38.74	13:31.88	14:24.50

Event 21 Women 40-44 800 LC Meter Freestyle

MN: 10:51.52 ! 5/14/2011 Katie A Melmer

NATL: 8:59.06 * 6/11/2011 JANET EVANS

1	Nymeyer, Elizabeth	40	Minnesota Ice Swim Club-30	NT	12:49.02			
	43.32	1:31.50	2:14.36	3:07.84	3:56.42	4:45.22	5:33.40	6:22.20
	7:09.93	7:59.33	8:47.41	9:36.59	10:23.82	11:13.80	12:01.94	12:49.02

Event 21 Women 50-54 800 LC Meter Freestyle

MN: 11:53.45 ! 7/28/2019 Nicki Phillips

NATL: 9:34.12 * 7/23/2016 SUSAN PRESTON

1	Phillips, Nicki	53	Hopkins Masters-30	12:30.00	13:05.82			
	44.48	1:35.11	2:22.66	3:13.79	4:02.48	4:53.48	5:42.51	6:33.63
	7:22.59	8:12.66	9:01.49	9:50.79	10:39.97	11:29.49	12:17.81	13:05.82

Event 21 Women 60-64 800 LC Meter Freestyle

MN: 15:38.71 ! 7/18/2004 Carol S Smollen

NATL: 10:27.71 * 7/8/2011 LAURA VAL

1	Kratz, Peggy	62	Riptide Masters-30	12:30.62	12:32.68!			
	43.12	1:29.93	2:17.37	3:05.51	3:53.14	4:40.99	5:26.86	6:16.58
	7:04.04	7:51.23	8:38.58	9:25.88	10:13.30	11:00.51	11:46.58	12:32.68

Event 21 Men 25-29 800 LC Meter Freestyle

MN: 9:34.06 ! 8/23/1999 David H Mason

NATL: 8:24.67 * 6/29/1997 ALEX KOSTICH

1	Bongers, Austin	28	Nort'landers Swim Club-30	12:00.00	12:06.79			
	34.39	1:15.74	1:59.00	2:43.84	3:29.28	4:16.17	5:02.93	5:49.64
	6:36.80	7:24.34	8:11.23	8:59.12	9:45.82	10:33.82	11:19.98	12:06.79

Event 21 Men 35-39 800 LC Meter Freestyle

MN: 8:55.03 ! 8/17/2003 Christopher Black

NATL: 8:38.73 * 11/12/1995 ROWDY GAINES

1	Hoke, Jimmy	36	Minnesota Ice Swim Club-30	11:28.07	11:27.24			
	39.37	1:21.65	2:05.52	2:48.33	3:32.09	4:15.38	4:59.39	5:42.24
	6:26.83	7:09.66	7:54.77	8:37.59	9:21.37	10:04.40	10:46.76	11:27.24

Event 21 Men 50-54 800 LC Meter Freestyle

MN: 10:10.47 ! 8/6/2017 Thomas L Ruehle

NATL: 8:56.31 * 8/3/2014 RICARDO VALDIVIA

1	Grant, Matthews	51	Uc30	NT	11:51.98			
	39.05	1:21.68	2:05.68	2:50.33	3:36.10	4:23.66	5:10.26	5:55.71
	6:41.99	7:27.63	8:13.58	8:58.15	9:42.85	10:26.99	11:10.74	11:51.98

Event 21 Men 60-64 800 LC Meter Freestyle

MN: 11:24.30 ! 5/15/2010 Marc S Anderson

NATL: 9:29.70 * 8/12/2018 ANDREW BRAY

1	Gruenwald, Steven	61	Riptide Masters-30	11:30.00	12:03.85			
	39.47	1:23.66	2:09.72	2:57.20	3:44.34	4:31.27	5:18.37	6:04.94
	6:51.75	7:37.86	8:23.98	9:10.29	9:54.78	10:40.52	11:24.42	12:03.85

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Results

(Event 21 Men 60-64 800 LC Meter Freestyle)

2	Collins, Craig	63	Hopkins Masters-30	12:00.00	12:30.37
	42.46	1:29.66	2:17.25	3:05.52	3:51.94
	4:40.51	5:27.73	6:15.68	7:03.30	7:50.98
	8:38.07	9:25.37	10:11.90	10:59.07	11:45.24
	12:30.37				
3	Countryman, Mark	60	Hopkins Masters-30	15:00.00	14:07.41
	42.48	1:32.68	2:25.63	3:19.61	4:01.19
	4:58.01	5:54.05	6:58.83	7:46.39	8:49.48
	9:31.88	10:38.78	11:08.22	12:56.31	14:07.41
4	McLaughlin, Steve	64	Minneapolis Ywca Masters-30	20:15.00	17:55.20
	55.58	2:02.70	3:04.19	4:16.56	5:17.60
	6:31.23	7:06.05	7:32.15	11:00.41	12:05.87
	13:21.87	14:24.87	15:41.51	16:44.03	17:55.20

Event 21 Men 65-69 800 LC Meter Freestyle

MN: 11:32.08 ! 6/20/2015 Marc S Anderson

NATL: 10:11.30 * 6/14/2015 JIM MC CONICA

1	Stevens, Richard	67	Nort'landers Swim Club-30	15:00.00	16:13.05
	49.17	1:49.49	2:51.50	3:54.44	4:57.38
	5:01.63	7:04.42	8:08.65	9:10.84	10:12.52
	11:13.45	12:15.82	13:15.98	14:18.87	15:16.37
	16:13.05				

Event 21 Men 70-74 800 LC Meter Freestyle

MN: 12:10.58 ! 2/10/2002 Dave G Anderson

NATL: 10:37.71 * 7/28/2018 DAN KIRKLAND

1	Hodgson, Thomas	73	Relaykers-30	14:28.90	16:09.68
	58.28	1:58.75	3:00.86	4:02.25	5:04.06
	6:04.96	7:08.30	8:09.52	9:11.17	10:10.85
	11:11.86	12:12.34	13:12.63	14:13.28	15:12.64
	16:09.68				

Event 108 Women 60-64 50 LC Meter Backstroke

MN: 41.13 ! 8/6/2017 Cynthia L Maltry

NATL: 33.86 * 8/9/2015 LAURA VAL

1	Ballard, Barbara	63	Hopkins Masters-30	NT	42.39
	42.39	42.39			

Event 120 Women 40-44 100 LC Meter Freestyle

MN: 1:05.36 ! 8/11/2002 Barbara A Scouler

NATL: 53.78 * 7/4/2008 DARA TORRES

1	Nymeyer, Elizabeth	40	Minnesota Ice Swim Club-30	NT	1:16.24
	35.46	1:16.24	1:52.68	2:36.02	3:11.68
	3:56.53	4:30.40	1:16.24		