

Minnesota LMSC Masters Swimming Records - RELAYS

SCY - SHORT COURSE YARDS

as of 10/12/2022

Type	Group	Dist	Strokes	Team / Swimmers	Date	Time
Women	18+	200	Free Relay	MINN K Vandam, K Melsen, M Lee, E Nymeyer	04/26/2019	1:45.33
Women	18+	400	Free Relay	MN-HOPK Abbey Erwin, Karen Zemlin, Katy Coombe, Rachel Krejci	03/20/2022	3:59.82
Women	18+	800	Free Relay	MINN Abbey Erwin, Karen Zemlin, Katy Coombe, Krisie Melsen	03/20/2022	8:48.01
Women	18+	200	Medley Relay	MINN M Lee, K Melsen, K Vandam, E Nymeyer	04/26/2019	1:56.16
Women	18+	400	Medley Relay	MINN K Wind, E Bjorklund, C Lamour, M Jacobsen,	04/18/2010	4:16.29

Women	25+	200	Free Relay	HOPK K Vandam, S White-Olson, K Melsen, K Coombe	04/23/2015	1:42.28
Women	25+	400	Free Relay	HOPK A Rittenhouse, K Vandam, K Melsen, K Coombe	04/12/2015	4:00.03
Women	25+	800	Free Relay	HOPK K Vandam, J Stone, J Li, A Andersen	04/15/2012	8:26.93
Women	25+	200	Medley Relay	HOPK K Vandam, S White-Olson, K Melsen, K Coombe	04/23/2015	1:52.16
Women	25+	400	Medley Relay	HOPK K Vandam, S White-Olson, K Melsen, K Coombe	04/12/2015	4:06.31

Women	35+	200	Free Relay	MINN K Melsen, A Ode, S Biegler, J France	04/08/2016	1:50.58
Women	35+	400	Free Relay	HOPK J Casey, J Salamzadeh, A Rittenhouse, L Madley	04/12/2013	4:20.39
Women	35+	800	Free Relay	HOPK A Rittenhouse, J Casey, L Madley, K Zemlin	04/12/2013	9:21.44
Women	35+	200	Medley Relay	MTKA T Burns, B Scouler, C Stolar, A Senn	05/13/2006	2:00.89
Women	35+	400	Medley Relay	Blue Gills D Hess, C Weiland, S Terebayza, L Rades	04/14/2012	5:00.12

Women	45+	200	Free Relay	MINN	11/07/2015	1:58.38
E Schultz, C Stolar, B Scouler, K Bryant						
Women	45+	400	Free Relay	HOPK	04/12/2013	4:16.46
T Bruncker, C Stolar, K Zemlin, K Lindblom						
Women	45+	800	Free Relay	MINN	04/09/2016	10:09.70
B Ballard, S Hromada, J Casey, L Kueny						
Women	45+	200	Medley Relay	HOPK	04/12/2013	2:13.26
B Ballard, K Zemlin, C Stolar, K Lindblom						
Women	45+	400	Medley Relay	HOPK	04/12/2015	5:22.90
K Zemlin, B Dalton, J Casey, L Kueny						

Women	55+	200	Free Relay	MINN	01/26/2020	2:12.91
Jacqueline Strebe, Sue Mohn, Pam Ogden, Susan Lee						
Women	55+	400	Free Relay	HOPK	04/12/2015	5:06.18
L Hoover, M Schwebach, B Ballard, S Swartz						
Women	55+	800	Free Relay	HOPK	04/12/2015	13:44.35
B Dalton, S Swartz, M Schwebach, M Hoover						
Women	55+	200	Medley Relay	MINN	05/22/2010	2:42.66
L Griffith, E Cutter, M Jablonski, S Swartz						
Women	55+	400	Medley Relay	Riptide Masters	05/16/2021	5:36.58
Amy Parratto, Judith Bloom, Peggy Kratz, Sara Stoltman						

Women	65+	200	Free Relay	MINN	01/27/2019	2:42.25
B Larsen, M Vonderharr, M Conway, S Lee-Sheridan						
Women	65+	400	Free Relay	MN-RLK	03/20/2022	6:00.46
Sharon Lee-Sheridan, Babs Larsen, Mary Vonderharr, Mary Conway,						
Women	65+	800	Free Relay	MN-RLK	03/20/2022	12:42.33
Sharon Lee-Sheridan, Mary Conway, Paula Pendergast, Babs Larsen						
Women	65+	200	Medley Relay	MN-RLK	02/29/2020	3:10.04
Paula Pendergast, Mary Conway, Babs Larsen, Shannon Swartz						
Women	65+	400	Medley Relay	MN-RLK	05/16/2021	6:37.69
Sharon Lee-Sheridan, Paula Pendergast, Babs Larsen, Mary Conway						

Women	75+	200	Free Relay	MINN - RLK	02/29/2020	4:17.65
				Annliv Bacon, Carol Smollen, Sandra Pierce, Pat Lillehei		
Women	75+	400	Free Relay	MN-RLK	02/29/2020	9:20.18
				Annliv Bacon, Carol Smollen, Sandra Pierce, Pat Lillehei		
Women	75+	800	Free Relay	MN-RLK	03/20/2022	21:17.22
				Carol Smollen, Sandy Pierce, Pat Lillehei, AnnLiv Bacon		
Women	75+	200	Medley Relay	MN-RLK	10/09/2022	5:05.75
				Martha Arradondo, AnnLiv Bacon, Babs Larsen, Sandy Pierce		
Women	75+	400	Medley Relay	none		

Men	18+	200	Free Relay	MINN	04/14/2019	1:29.99
				Z Hingtgen, N Becker, C Vennefron, B Boston		
Men	18+	400	Free Relay	MINN	04/11/1987	3:21.31
				M Gernes, J Gernes, L Nyman, G Asmus		
Men	18+	800	Free Relay	MINN	04/14/2019	7:36.56
				C Vennefron, B Boston, Z Hingtgen, N Becker		
Men	18+	200	Medley Relay	MINN	04/23/2015	1:38.04
				L Vestrum, B Jacobson, J Seaburg, J Arnold		
Men	18+	400	Medley Relay	St Cloud YMCA	04/12/2014	3:39.18
				R Simson, J Hausauer, K Cordry, J Larson		

Men	25+	200	Free Relay	Sunday Swim Team	04/13/2013	1:26.37
				M Girard, J Timmer, M Woodson, W Simson		
Men	25+	400	Free Relay	Sunday Swim Team	04/12/2014	3:12.17
				M Girard, J Timmer, M Woodson, W Simson		
Men	25+	800	Free Relay	Sunday Swim Team	02/23/2013	7:25.38
				M Girard, J Timmer, M Woodson, W Simson		
Men	25+	200	Medley Relay	Sunday Swim Team	04/12/2014	1:34.85
				M Woodson, J Timmer, W Simson, M Girard		
Men	25+	400	Medley Relay	Sunday Swim Team	04/12/2014	3:31.23
				M Woodson, J Timmer, W Simson, M Girard		

Men	35+	200	Free Relay	MINN	04/11/1992	1:33.45
				P Windrath, L Nyman, J Lukens, N Leigh		
Men	35+	400	Free Relay	MINN	04/14/1996	3:19.38
				P Windrath, J Lukens, D Mattai, N Leigh		
Men	35+	800	Free Relay	MINN	04/14/1996	7:22.68
				S Grantham, P Windrath, J Stewart, N Leigh		
Men	35+	200	Medley Relay	MINN	04/04/1993	1:41.86
				P Windrath, J Evers, D Smith, N Leigh		
Men	35+	400	Medley Relay	MINN	04/04/1993	3:45.22
				P Windrath, J Evers, D Smith, N Leigh		

Men	45+	200	Free Relay	MINN	04/29/2007	1:38.34
				B Holthus, C D Andersen, T Emison, M Burns		
Men	45+	400	Free Relay	MINN	04/29/2007	3:39.13
				B Holthus, M Burns, D Smith, T Emison		
Men	45+	800	Free Relay	MINN	04/29/2007	8:05.13
				T Emison, M Burns, D Smith, C D Andersen		
Men	45+	200	Medley Relay	MINN-SCY	04/08/2017	1:48.18
				M Moran, M Ewing, C Sieben, C Kvaal		
Men	45+	400	Medley Relay	MINN	04/29/2007	4:03.00
				B Holthus, M Burns, D Smith, T Emison		

Men	55+	200	Free Relay	MINN	05/01/2014	1:41.98
				M Anderson, J Lukens, D Lamour, D Smith		
Men	55+	400	Free Relay	MINN	03/11/2016	4:00.05
				B Gilman, B Holthus, J Kochendorfer, B Paakh		
Men	55+	800	Free Relay	YSG	02/22/2014	9:01.99
				T Emison, D Lamour, B Holthus, D Smith		
Men	55+	200	Medley Relay	MINN	04/09/2016	1:52.00
				B Holthus, J Kochendorfer, D Smith, B Paakh		
Men	55+	400	Medley Relay	MN-RLK	04/14/2019	4:03.80
				S Daniels, J Kochendorfer, D Smith, B Paakh		

Men	65+	200	Free Relay	MINN	04/26/2019	1:51.77
				P Strother, J Bergman, J Luken, M Anderson		
Men	65+	400	Free Relay	MINN	04/08/2017	4:13.59
				G Vandam, R Kleffman, J Bachman, M Anderson		
Men	65+	800	Free Relay	MINN	01/22/2017	10:12.88
				M Anderson, G Fine, R Kleffman, D Kornblatt		
Men	65+	200	Medley Relay	MINN	04/28/2019	2:05.95
				J Luken, P Strother, M Anderson, J Bergman		
Men	65+	400	Medley Relay	MINN	04/08/2017	4:56.80
				M Anderson, R Kleffman, G Vandam, J Bachman		

Men	75+	200	Free Relay	MINN	01/22/2017	2:45.05
				P Magee, D Arlander, B Kansas, N Petersen		
Men	75+	400	Free Relay	MINN	04/08/2017	6:11.18
				B Kansas, J Bergman, D Arlander, N Petersen		
Men	75+	800	Free Relay	MINN	01/22/2017	14:14.21
				B Kansas, N Petersen, P Magee, D Arlander		
Men	75+	200	Medley Relay	MINN	04/08/2017	3:06.71
				B Kansas, D Arlander, J Bergman, N Petersen		
Men	75+	400	Medley Relay	MINN	01/22/2017	7:11.57
				P Magee, D Arlander, B Kansas, N Petersen		

Mixed	18+	200	Free Relay	MINN	04/12/2015	1:32.96
				B Jacobson, L Greenberg, N Kennedy, T Behrens		
Mixed	18+	400	Free Relay	HOPK	04/13/2013	3:32.17
				K Vandam, Z Hanson, K Coombe, B Bendix		
Mixed	18+	800	Free Relay	HOPK	04/12/2015	8:18.75
				P English, Z Hanson, K Vandam, K Coombe		
Mixed	18+	200	Medley Relay	MINN	04/12/2015	1:40.23
				T Behrens, L Greenberg, N Kennedy, B Jacobson		
Mixed	18+	400	Medley Relay	HOPK	04/18/2010	4:08.06
				T Ruehle, S White-Olson, S Tripps, K Zemlin		

Mixed	25+	200	Free Relay	MINN	04/28/2019	1:33.67
				K Vandam, J Recker, B Jacobson, K Coombe		
Mixed	25+	400	Free Relay	MINN-MACAL	04/09/2017	3:40.11
				C Rupp, L Arnosti, K Dahlager, G Schneider-Bateman		
Mixed	25+	800	Free Relay	MINN-MACAL	04/09/2017	8:04.30
				G Schneider-Bateman, L Arnosti, K Dahlager, C Rupp		
Mixed	25+	200	Medley Relay	MINN	04/28/2019	1:45.23
				J Recker, B Jacobson, K Vandam, K Coombe		
Mixed	25+	400	Medley Relay	HOPK	04/16/2011	4:08.06
				S Tripps, L B Johnson, K Vandam, K Marentette		

Mixed	35+	200	Free Relay	HOPK	04/19/2009	1:38.19
				S Williams, T Ruehle, K Zemlin, S Tripps		
Mixed	35+	400	Free Relay	HOPK	04/19/2009	3:48.60
				J McCarthy, S Williams, K Zemlin, R Woodworth		
Mixed	35+	800	Free Relay	HOPK	04/19/2009	8:19.98
				K Zemlin, K Lindblom, T Ruehle, S Tripps		
Mixed	35+	200	Medley Relay	MINN	04/30/2017	1:51.44
				M Moran, B Jacobson, K Melsen, M Morris		
Mixed	35+	400	Medley Relay	HOPK	04/16/2009	4:19.56
				K Lindblom, T Lee, S Tripps, K Zemlin		

Mixed	45+	200	Free Relay	MINN	05/01/2011	1:45.74
				T Emison, P Emison, N Kryka, B Holthus		
Mixed	45+	400	Free Relay	MINN-HOPK	04/08/2016	4:13.82
				R Ness, K Zemlin, J Casey, R Schlichting		
Mixed	45+	800	Free Relay	MINN	04/15/2012	8:40.86
				T Emison, B Scouler, N Kryka, D Smith		
Mixed	45+	200	Medley Relay	MINN-HOPK	04/09/2016	2:00.97
				R Schlichting, S Tripps, J Casey, K Zemlin		
Mixed	45+	400	Medley Relay	HOPK	04/12/2015	4:21.83
				R Schlichting, S Tripps, J Casey, K Zemlin		

Mixed	55+	200	Free Relay	MINN	01/27/2019	2:00.71
				D Lamour, S Lee, S Hromada, D Smith		
Mixed	55+	400	Free Relay	Riptide Masters	05/16/2021	4:17.81
				Gary Muchow, Peggy Kratz, Amy Parratto, Steven Gruenwald		
Mixed	55+	800	Free Relay	Riptide Masters	3/20/2022	9:51.76
				Steven Gruenwald, Peggy Kratz, Judith Bloom, Gary Muchow		
Mixed	55+	200	Medley Relay	MINN	02/23/2019	2:16.12
				P Pendergast, P Fleming, D Smith, S Lee		
Mixed	55+	400	Medley Relay	MINN	02/23/2019	5:17.31
				P Pendergast, J Kochendorfer, D Smith, L Hines		

Mixed	65+	200	Free Relay	MN-RLK	04/14/2019	2:10.35
				Marc Anderson, Mary Conway, Babs Larsen, Patrick Strother		
Mixed	65+	400	Free Relay	MN-RLK	04/14/2019	5:07.23
				M Anderson, M Conway, S Lee-Sheridan, J Johnston		
Mixed	65+	800	Free Relay	MINN	02/20/2016	10:59.00
				M Anderson, B Larsen, C Smollen, G Vandam		
Mixed	65+	200	Medley Relay	MN-RLK	03/20/2022	2:27.32
				Sharon Lee-Sheridan, Didier Lamour, Darrell Smith, Paula Pendergast		
Mixed	65+	400	Medley Relay	MINN	04/09/2016	5:35.43
				B Larsen, M Anderson, G Vandam, C Smollen		

Mixed	75+	200	Free Relay	MINN-RLK	01/26/2020	3:19.84
				Annliv Bacon, Niel Petersen, Pat Lillehei, Dave Arlander		
Mixed	75+	400	Free Relay	MN-RLK	04/14/2019	6:53.18
				N Petersen, C Smollen, A Bacon, J Bergman		
Mixed	75+	800	Free Relay	MN-RLK	04/14/2019	17:22.62
				C Smollen, A Bacon, Bill Kansas, D Arlander		
Mixed	75+	200	Medley Relay	MINN	10/09/2022	4:00.42
				AnnLiv Bacon, Norman Solberg, Babs Larsen, Bill Kansas		
Mixed	75+	400	Medley Relay	MINN	02/23/2019	8:14.35
				C Smollen, D Arlander, B Kansas, A Bacon		