

**RECORD BREAKERS - Minnesota LMSC Masters Swimming
2022 SCY – Short Course Yards
2022 LCM – Long Course Meters 2022
SCM – Short Course Meters**

[Includes all of Minnesota and three western counties in Wisconsin]

TOTALS SO FAR IN 2022: Individual – 114; Relays - 20

[SCY] Riptide Fall Fling – October 9, 2022

INDIVIDUAL - 10

Sharon Lee-Sheridan (W70-74) – 50 Fly

Babs Larsen (W75-79) – 500 Free, 1000 Free, 1650 Free, 200 Back, 100 Fly, 200 Fly, 100 IM

AnnLiv Bacon (W80-84) – 100 Back, 200 Back

RELAY – 2

Women 75+ 200 Medley Relay – RLK/MN – Martha Arradondo, AnnLiv Bacon, Babs Larson, Sandy Pierce

Mixed 75+ 200 Medley Relay – RLK/MN - AnnLiv Bacon, Norm Solberg, Babs Larson, Bill Kansas

[LCM] 2022 USMS Summer Nationals Aug 3-7, 2022 Richmond, VA

INDIVIDUAL - 16

Sarah E Nelson (W65-69) – 50 Free, 100 Free, 200 Free, 400 Free, 800 Free, 50 Fly

Bruce Paakh (M65-69) – 50 Breast

Steven Nelson (M70-74) – 50 Back, 100 Back, 200 Back

Robin Kleffman (M75-79) – 50 Back, 200 Back, 50 Fly, 100 Fly, 200 Fly, 200 IM

RELAY – 1

Men 280-319 200 Medley Relay – MINN – Steven Nelson, Bruce Paakh, Robin Kleffman, Gary Fine

[LCM] Gopher Mania Meet – July 8-10, 2022

INDIVIDUAL – 58

Abbey Erwin (W18-24) – 800 Free, 1500 Free, 100 Back, 200 Back

Adelyn Diaz (W18-24) – 50 Back, 50 Fly

Linnea Rizzo (W25-29) – 200 Free, 400 Free, 800 Free, 200 IM, 400 IM

Stacey Thureen (W40-44) – 200 IM

Jennifer Ridge (W50-54) - 400 Free, 50 Back, 50 Breast, 100 Breast

Peggy Kratz (W60-64) – 50 Free, 400 Free, 800 Free, 1500 Free, 100 Fly, 200 Fly

Paula Pendergast (W65-69) – 100 Breast

Sarah E Nelson (W65-69) – 100 Free, 400 Free, 800 Free

Sharon Lee-Sheridan (W70-74) – 50 Free(##), 100 Free, 200 Free, 800 Free, 1500 Free, 50
Back(##), 100 Back, 400 IM

Babs Larsen (W75-79) – 100 Free, 200 Free, 400 Free, 800 Free, 1500 Free, 50 Back, 100 Back(##),
200 Back, 50 Fly, 100 Fly, 200 Fly, 200 IM

Carol Smollen (W75-79) – 50 Back*, 100 Breast

Charles Stewart (M70/74) – 50 Back*

Steven Nelson (M70-74) – 50 Back, 100 Back, 200 Back

Robin Kleffman (M75-79) – 50 Breast
John Ziegenhagen (M75-79) – 50 Fly

Relays – 10

Women 120-159 400 Medley Relay – MINN - Katherine Kaiser, Madeline Blumenfeld, Carolyn Fittipaldi,
Elizabeth Nymeyer

Women 160-199 800 Free Relay – MINN- Stacey Thureen, Carrie Stolar, Elizabeth Nymeyer, Carolyn Fittipaldi

Women 280-319 200 Free Relay – RLK – Sharon Lee-Sheridan, Pamela Ogden, Carol Smollen, Babs Larsen

Women 280-319 400 Free Relay – RLK – Sharon Lee-Sheridan, Babs Larsen, Carol Smollen, Paula Pendergast

Women 280-319 800 Free Relay – RLK- Sharon Lee-Sheridan, Mary Vonderharr, Paula Pendergast, Babs Larsen

Men 240-249 400 Free Relay – RIP - Gary Muchow, Dan Ravavina, Ray Barriuso, Steve Gruenwald

Men 240-249 800 Free Relay – RIP - Gary Muchow, Dan Ravavina, Ray Barriuso, Steve Gruenwald

Mixed 240-279 800 Free Relay – RIP – Peggy Kratz, Gary Muchow, Judith Bloom, Dan Rukavina

Mixed 240-279 800 Free Relay – RLK – Gary Fine, Jacqueline Strebe, Karen Slakley, John McGuire*

Mixed 280-319 800 Free Relay – RLK - Marc Anderson, Babs Larsen, Sharon Lee-Sheridan, Robin Kleffman

[SCY] Summer Iowa Senior Games Swim Meet – June 12, 2022

INDIVIDUAL – 4

Sharon Lee-Sheridan (W70-74) 500 Free, 100 Breast, 200 Breast, 400 IM

[LCM] 2022 Spring into Summer – June 3, 2022

INDIVIDUAL – 6

Peggy Kratz (W60-64) - 200 Free, 800 Free, 100 Fly

Sharon Lee-Sheridan (W70-74) 50 Breast, 100 Breast, 50 Fly

[LCM] Memorial Day Classic – May 27-28, 2022 [USA Swimming Meet]

Individual – 10

Sarah Nelson (W65-69) – 100 Free, 200 Free

Sharon Lee-Sheridan (W70-74) – 400 Free, 200 Back, 100 Breast, 200 Breast, 200 IM

Babs Larsen (W75-79) – 200 IM, 400 IM

Steven Nelson (M70-74) – 200 Back

[SCY] 2022 Masters Nationals Championship – April 28 – May 1, 2022

INDIVIDUAL – 10

Abbey Erwin (W18-24) - 200 IM

Katy Coombe (W35-39) – 50 Fly, 100 Fly

Carrie Stolar (W55-59) – 500 Free, 1000 Free, 1650 Free, 100 Fly

Bryce Boston (M25-29) - 50 Fly, 100 Fly

Darrell Smith (M65-69) – 200 Fly

[SCY] 2022 Minnesota State Championship Meet – March 19-20, 2022

INDIVIDUAL – 27

Abbey Erwin (W18-24) - 500 Free, 200 Back

Krisie Melsen (W40-44) - 50 Breast, 200 Breast

Amy Roe (W55-59) - 50 Free, 100 Free
Sarah Hromada (W60-64) – 100 Back*
Barbara Ballard (W60-64) – 50 Back (2)##, 100 Back
Peggy Kratz (W60-64) – 100 Free, 200 Free, 1650 Free, 200 Fly, 400 IM
Sarah E Nelson (W65-69) – 50 Free, 100 Free, 200 Free
Sharon Lee-Sheridan (W70-74) – 50 Free, 100 Free, 200 Free, 50 Back, 100 Back, 200 Back, 50 Breast,
100 Breast, 200 Breast, 50 Fly, 100 IM, 200 IM
Mary Conway (W70-74) – 50 Breast*

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Austin Bongers (M25-29) – 50 Back
Curt Wood (M40-45) – 1650 Free
Scott Tripps (M50-54) – 400 IM
Steven Gruenwald (M60-64) – 1000 Free
Bill Kansas (M85-89) – 100 Fly, 400 IM

Relays – 7

Women 18+ 400 Free Relay – HOPK – Abbey Erwin, Karen Zemlin, Katy Coombe, Rachel Krejci
Women 18+ 800 Free Relay – MINN - Abbey Erwin, Karen Zemlin, Katy Coombe, Krisie Melsen
Women 65+ 400 Free Relay – RLK – Sharon Lee-Sheridan, Babs Larsen, Mary Vonderharr, Mary Conway
Women 65+ 800 Free Relay – RLK – Sharon Lee-Sheridan, Mary Conway, Paula Pendergast, Babs Larsen
Women 75+ 800 Free Relay – RLK – Carol Smollen, Sandy Pierce, Pat Lillehei. AnnLiv Bacon
Mixed 55+ 800 Free Relay – RIP – Steven Gruenwald, Peggy Kratz, Judith Bloom, Gary Muchow
Mixed 65+ 200 Medley Relay – RLK – Sharon Lee-Sheridan, Didier Lamour, Darrell Smith, Paula Pendergast

* swam faster than the current MN LMSC Record, but was second place.

Broke record more than once in a meet. Only the fastest time applies.

@ - FINA World Record

Send any additions or corrections to topten@minnesotamasters.com

UPDATED 09/12/22 - Ver 10