

**North Suburban Aquatic Club Masters
State Tune-Up Meet
Results**

Women 18-24 50 Yard Freestyle

LOCAL: 24.92 L 1/29/2012 Alysha Blaydes
28.55 18-24 NQT

Name	Age	Team	Seed Time	Finals Time	Points
1 Fehl, Gretchen	24	UC30	NT	29.61	

Women 18-24 100 Yard Freestyle

LOCAL: 54.96 L 1/29/2012 Alysha Blaydes
1:02.41 18-24 NQT

1 Fehl, Gretchen	24	UC30	NT	1:05.34	
	30.53	1:05.34 (34.81)			

Women 18-24 50 Yard Breaststroke

LOCAL: 30.48 L 12/6/2009 ERIKA BJORKLUND
37.56 18-24 NQT

1 Fehl, Gretchen	24	UC30	NT	39.60	
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Women 18-24 50 Yard Butterfly

LOCAL: 27.23 L 2/26/2012 Alysha Blaydes
30.80 18-24 NQT

1 Fehl, Gretchen	24	UC30	NT	32.66	
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Women 18-24 100 Yard IM

LOCAL: 1:01.99 L 4/18/2010 ERIKA BJORKLUND
1:11.32 18-24 NQT

1 Fehl, Gretchen	24	UC30	NT	1:13.57	
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Women 25-29 500 Yard Freestyle

LOCAL: 5:12.45 L 11/3/2013 Heather Lendway
5:57.31 25-29 NQT

1 Sullivan, Ashley	27	Minnesota Masters Swim Club	7:19.43	7:29.40	
	36.54	1:18.70 (42.16)	2:03.95 (45.25)	2:50.35 (46.40)	
	3:38.21 (47.86)	4:24.97 (46.76)	5:12.25 (47.28)	5:59.98 (47.73)	
	6:45.57 (45.59)	7:29.40 (43.83)			

Women 25-29 100 Yard IM

LOCAL: 1:03.19 L 4/11/1987 JUDY ANDERSON
1:10.47 25-29 NQT

1 Sullivan, Ashley	27	Minnesota Masters Swim Club	1:23.00	1:23.76	
	42.18	1:23.76 (41.58)			

Women 30-34 50 Yard Freestyle

LOCAL: 24.41 L 5/9/2013 Katy Coombe
29.14 30-34 NQT

1 Tweedy, Becca	32	Minnesota Masters Swim Club	27.00	28.09	NQT
2 Walsworth, Alyssa	30	North Suburban Aquatic Club	35.00	33.75	
3 Amundson, Carla	31	North Suburban Aquatic Club	45.00	39.03	

Women 30-34 100 Yard Freestyle

LOCAL: 52.85 L 5/9/2013 Katy Coombe
1:04.63 30-34 NQT

1 Tweedy, Becca	32	Minnesota Masters Swim Club	1:00.00	1:01.34	NQT
	29.49	1:01.34 (31.85)			
2 Walsworth, Alyssa	30	North Suburban Aquatic Club	1:11.00	1:13.86	
	35.10	1:13.86 (38.76)			
3 Amundson, Carla	31	North Suburban Aquatic Club	1:30.00	1:29.26	
	41.41	1:29.26 (47.85)			

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Women 30-34 200 Yard Freestyle

LOCAL: 1:55.79 L 5/9/2013 Katy Coombe
2:16.25 30-34 NQT

1	Coombe, Katy	31	Hopkins Masters Swimming	1:58.00	2:03.91	NQT
	27.83		58.97 (31.14)	1:31.53 (32.56)	2:03.91 (32.38)	
2	Walsworth, Alyssa	30	North Suburban Aquatic Club	2:35.00	2:42.54	
	36.25		1:17.56 (41.31)	2:00.53 (42.97)	2:42.54 (42.01)	

Women 30-34 50 Yard Breaststroke

LOCAL: 31.63 L 5/9/2013 Krisie M Melsen
37.65 30-34 NQT

1	Melsen, Krisie	34	Hopkins Masters Swimming	33.78	34.86	NQT
2	Tweedy, Becca	32	Minnesota Masters Swim Club	36.85	36.79	NQT

Women 30-34 100 Yard Breaststroke

LOCAL: 1:09.09 L 5/9/2013 Krisie M Melsen
1:21.60 30-34 NQT

1	Melsen, Krisie	34	Hopkins Masters Swimming	1:12.83	1:14.54	NQT
	35.25		1:14.54 (39.29)			
2	Tweedy, Becca	32	Minnesota Masters Swim Club	1:19.00	1:20.98	NQT
	39.41		1:20.98 (41.57)			

Women 30-34 200 Yard Breaststroke

LOCAL: 2:31.34 L 5/14/2006 DAWN R VANDERBEEK
2:54.43 30-34 NQT

1	Melsen, Krisie	34	Hopkins Masters Swimming	2:39.52	2:41.98	NQT
	36.67		1:17.97 (41.30)	2:00.00 (42.03)	2:41.98 (41.98)	

Women 30-34 50 Yard Butterfly

LOCAL: 27.46 L 5/9/2013 Krisie Melsen
31.94 30-34 NQT

1	Melsen, Krisie	34	Hopkins Masters Swimming	29.81	30.01	NQT
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Women 30-34 100 Yard IM

LOCAL: 1:02.28 L 5/22/1993 JUDY LALLIER
1:13.59 30-34 NQT

1	Melsen, Krisie	34	Hopkins Masters Swimming	1:08.78	1:08.19	NQT
	31.85		1:08.19 (36.34)			
2	Walsworth, Alyssa	30	North Suburban Aquatic Club	1:25.00	1:28.79	
	41.09		1:28.79 (47.70)			

Women 35-39 50 Yard Backstroke

LOCAL: 27.96 L 1/29/2012 Jie Li
34.79 35-39 NQT

1	Olson, Katherine	37	Prairie Masters Swim Team	35.00	33.47	NQT
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Women 35-39 100 Yard Backstroke

LOCAL: 1:00.04 L 1/29/2012 Jie Li
1:15.74 35-39 NQT

1	Olson, Katherine	37	Prairie Masters Swim Team	1:16.00	1:12.83	NQT
	35.11		1:12.83 (37.72)			

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Women 35-39 200 Yard Backstroke

LOCAL: 2:08.54 L 5/12/1996 JUDY LALLIER
2:40.33 35-39 NQT

1	Olson, Katherine	37	Prairie Masters Swim Team	2:50.00	2:39.25	NQT
	36.07	1:16.10 (40.03)	1:57.62 (41.52)	2:39.25 (41.63)		

Women 35-39 50 Yard Breaststroke

LOCAL: 33.16 L 4/13/1997 JUDY LALLIER
38.43 35-39 NQT

1	Olson, Katherine	37	Prairie Masters Swim Team	38.00	39.20	
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Women 35-39 50 Yard Butterfly

LOCAL: 27.74 L 4/14/2002 BARBARA A SCOULER
32.49 35-39 NQT

1	Olson, Katherine	37	Prairie Masters Swim Team	34.00	32.72	
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Women 40-44 50 Yard Freestyle

LOCAL: 24.43 L 2/27/2011 K D RADKE GERRY
29.49 40-44 NQT

1	Bradehoft, Cindy	44	USMS One Event Registration	30.80	31.35	
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Women 40-44 100 Yard Freestyle

LOCAL: 54.57 L 4/16/2011 K D RADKE GERRY
1:04.40 40-44 NQT

1	Bradehoft, Cindy	44	USMS One Event Registration	1:08.00	1:09.47	
	32.46	1:09.47 (37.01)				

Women 40-44 50 Yard Backstroke

LOCAL: 27.92 L 4/15/2012 Jie Li
34.65 40-44 NQT

1	Bradehoft, Cindy	44	USMS One Event Registration	NT	35.43	
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Women 40-44 100 Yard Backstroke

LOCAL: 58.39 L 4/15/2012 Jie Li
1:16.59 40-44 NQT

1	Bradehoft, Cindy	44	USMS One Event Registration	1:18.00	1:17.96	
	38.90	1:17.96 (39.06)				

Women 40-44 50 Yard Breaststroke

LOCAL: 35.05 L 12/6/2009 KRISTEN L MCRAE
38.77 40-44 NQT

1	McGillis, Tiffany	42	Life Time Minnesota Masters	43.71	44.52	
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Women 40-44 100 Yard Breaststroke

LOCAL: 1:14.96 L 1/21/2007 BARBARA A SCOULER
1:24.69 40-44 NQT

1	McGillis, Tiffany	42	Life Time Minnesota Masters	NT	1:34.90	
	44.45	1:34.90 (50.45)				

Women 40-44 200 Yard IM

LOCAL: 2:17.27 L 4/4/2004 BARBARA A SCOULER
2:39.48 40-44 NQT

1	McGillis, Tiffany	42	Life Time Minnesota Masters	NT	3:08.33	
	39.26	1:30.30 (51.04)	2:23.50 (53.20)	3:08.33 (44.83)		

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Women 45-49 50 Yard Freestyle

LOCAL: 24.83 L 5/4/2008 BARBARA A SCOULER
30.18 45-49 NQT

1	Mc Callum, Lisa	48	North Suburban Aquatic Club	33.10	30.27
2	Nordstrom, Jamie	45	North Suburban Aquatic Club	35.00	32.04

Women 45-49 100 Yard Freestyle

LOCAL: 57.45 L 3/20/2010 BARBARA A SCOULER
1:06.40 45-49 NQT

1	Mc Callum, Lisa	48	North Suburban Aquatic Club	1:08.50	1:06.18	NQT
	32.26		1:06.18 (33.92)			
2	Nordstrom, Jamie	45	North Suburban Aquatic Club	1:23.00	1:10.70	
	34.15		1:10.70 (36.55)			

Women 45-49 500 Yard Freestyle

LOCAL: 5:21.50 L 4/12/2014 Karen Zemlin
6:14.18 45-49 NQT

1	Mc Callum, Lisa	48	North Suburban Aquatic Club	6:50.00	6:33.25
	34.56		1:12.68 (38.12)	1:52.25 (39.57)	2:32.46 (40.21)
	3:13.48 (41.02)		3:53.45 (39.97)	4:33.31 (39.86)	5:13.73 (40.42)
	5:54.05 (40.32)		6:33.25 (39.20)		

Women 45-49 50 Yard Breaststroke

LOCAL: 35.54 L 4/10/2005 JILL WHITNEY
39.58 45-49 NQT

1	Nordstrom, Jamie	45	North Suburban Aquatic Club	40.00	39.67
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Women 45-49 100 Yard Breaststroke

LOCAL: 1:14.79 L 1/18/2009 BARBARA A SCOULER
1:27.35 45-49 NQT

1	Nordstrom, Jamie	45	North Suburban Aquatic Club	1:30.00	1:26.92	NQT
	40.95		1:26.92 (45.97)			

Women 45-49 50 Yard Butterfly

LOCAL: 26.24 L 5/4/2008 BARBARA A SCOULER
33.02 45-49 NQT

1	Mc Callum, Lisa	48	North Suburban Aquatic Club	35.50	33.41
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Women 45-49 100 Yard IM

LOCAL: 1:02.27 L 5/4/2008 BARBARA A SCOULER
1:16.90 45-49 NQT

1	Nordstrom, Jamie	45	North Suburban Aquatic Club	1:27.00	1:17.78
	37.27		1:17.78 (40.51)		

Women 50-54 50 Yard Freestyle

LOCAL: 25.78 L 4/19/2009 ANN C SENN
30.57 50-54 NQT

1	Selby, Daree	53	Hopkins Masters Swimming	45.00	43.64
2	Tipton, Marcy	54	Minnesota Masters Swim Club	49.19	51.06

Women 50-54 100 Yard Freestyle

LOCAL: 58.73 L 4/19/2009 ANN C SENN
1:07.35 50-54 NQT

1	Nygaard, Sue	51	Minnesota Masters Swim Club	1:05.13	1:04.83	NQT
	31.25		1:04.83 (33.58)			

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(Women 50-54 100 Yard Freestyle)

2 Selby, Daree 53 Hopkins Masters Swimming 1:55.00 1:45.95
 49.87 1:45.95 (56.08)

Women 50-54 200 Yard Freestyle

LOCAL: 2:11.39 L 4/17/2011 Jane D Hansen
 2:22.67 50-54 NQT

1 Nygaard, Sue 51 Minnesota Masters Swim Club 2:23.00 2:21.07 NQT
 32.76 1:07.85 (35.09) 1:44.09 (36.24) 2:21.07 (36.98)

Women 50-54 500 Yard Freestyle

LOCAL: 5:45.73 L 4/12/2014 Barbara Scouler
 6:24.36 50-54 NQT

1 Desprez, Marjorie 54 ISWIM Masters Team 6:30.00 6:13.60 NQT
 33.66 1:10.70 (37.04) 1:48.19 (37.49) 2:26.38 (38.19)
 3:04.94 (38.56) 3:43.37 (38.43) 4:20.97 (37.60) 4:58.89 (37.92)
 5:36.60 (37.71) 6:13.60 (37.00)

Women 50-54 50 Yard Backstroke

LOCAL: 31.78 L 1/19/2014 Barbara Scouler
 36.42 50-54 NQT

1 Tipton, Marcy 54 Minnesota Masters Swim Club 53.85 53.63

Women 50-54 100 Yard Breaststroke

LOCAL: 1:17.83 L 1/19/2014 Barbara Scouler
 1:29.40 50-54 NQT

1 Desprez, Marjorie 54 ISWIM Masters Team 1:25.00 1:22.40 NQT
 39.37 1:22.40 (43.03)
 2 Tipton, Marcy 54 Minnesota Masters Swim Club 2:05.04 2:05.33
 1:00.93 2:05.33 (1:04.40)

Women 50-54 200 Yard Breaststroke

LOCAL: 2:45.56 L 2/23/2014 Barbara Scouler
 3:08.70 50-54 NQT

1 Nygaard, Sue 51 Minnesota Masters Swim Club 3:10.00 3:03.02 NQT
 43.65 1:30.84 (47.19) 2:17.95 (47.11) 3:03.02 (45.07)
 2 Tipton, Marcy 54 Minnesota Masters Swim Club 4:24.89 4:25.32
 1:02.50 2:11.42 (1:08.92) 3:20.41 (1:08.99) 4:25.32 (1:04.91)

Women 50-54 100 Yard Butterfly

LOCAL: 1:06.30 L 4/12/2014 Barbara Scouler
 1:17.28 50-54 NQT

1 Nygaard, Sue 51 Minnesota Masters Swim Club 1:18.95 1:20.68
 37.53 1:20.68 (43.15)

Women 50-54 100 Yard IM

LOCAL: 1:06.90 L 2/23/2014 Barbara Scouler
 1:19.52 50-54 NQT

1 Nygaard, Sue 51 Minnesota Masters Swim Club 1:17.70 1:15.92 NQT
 37.45 1:15.92 (38.47)

Women 65-69 50 Yard Freestyle

LOCAL: 34.67 L 5/4/1989 PHYLLIS STAIGE
 38.12 65-69 NQT

1 Larsen, Babs 67 Minnesota Masters Swim Club 37.00 36.30 NQT

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Women 65-69 100 Yard Freestyle

LOCAL: 1:16.80 L 5/4/1989 PHYLLIS STAIGE
1:26.37 65-69 NQT

1 Larsen, Babs 67 Minnesota Masters Swim Club 1:22.00 1:19.88 NQT
38.91 1:19.88 (40.97)

Women 65-69 1000 Yard Freestyle

LOCAL: 16:20.63 L 5/4/1989 PHYLLIS STAIGE
17:10.28 65-69 NQT

1 Larsen, Babs 67 Minnesota Masters Swim Club 17:30.00 16:12.72 L NQT
42.92 1:30.67 (47.75) 2:19.10 (48.43) 3:07.61 (48.51)
3:55.88 (48.27) 4:44.90 (49.02) 5:34.01 (49.11) 6:23.52 (49.51)
7:12.62 (49.10) 8:02.79 (50.17) 8:52.59 (49.80) 9:42.58 (49.99)
10:32.09 (49.51) 11:21.99 (49.90) 16:12.72 (4:50.73)

Women 65-69 50 Yard Butterfly

LOCAL: 43.99 L 5/9/2013 Babs Larsen
44.53 65-69 NQT

1 Larsen, Babs 67 Minnesota Masters Swim Club NT 42.73 L NQT

Women 65-69 200 Yard Butterfly

LOCAL: 3:26.77 L 11/18/2012 Babs Larsen
4:13.77 65-69 NQT

1 Larsen, Babs 67 Minnesota Masters Swim Club 3:30.00 3:25.72 L NQT
46.49 1:39.44 (52.95) 2:31.73 (52.29) 3:25.72 (53.99)

Women 70-74 50 Yard Backstroke

LOCAL: 48.15 L 1/19/2014 Carol Smollen
52.11 70-74 NQT

1 Owens, Caroline 74 Nort'landers Swim Club NT 55.65

Women 70-74 50 Yard Breaststroke

LOCAL: 52.43 L 4/12/2014 Carol Smollen
56.69 70-74 NQT

1 Owens, Caroline 74 Nort'landers Swim Club NT 59.17

Women 70-74 50 Yard Butterfly

LOCAL: 57.47 L 2/22/2015 Carol Smollen
54.91 70-74 NQT

1 Owens, Caroline 74 Nort'landers Swim Club NT 1:01.77

Women 70-74 100 Yard IM

LOCAL: 1:47.91 L 1/19/2014 Carol Smollen
1:54.43 70-74 NQT

1 Owens, Caroline 74 Nort'landers Swim Club NT 1:58.58

Men 18-24 50 Yard Freestyle

LOCAL: 21.03 L 2/23/2014 Neal Kennedy
24.70 18-24 NQT

1 English, Phil 23 Hopkins Masters Swimming 24.07 25.36

Men 18-24 100 Yard Freestyle

LOCAL: 46.38 L 12/6/2009 ZACH J WOOD
54.95 18-24 NQT

1 Baetzold, Seth 20 USMS One Event Registration 53.00 51.70 NQT
24.34 51.70 (27.36)

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(Men 18-24 100 Yard Freestyle)

2	English, Phil	23	Hopkins Masters Swimming	53.55	54.22	NQT
	25.76		54.22 (28.46)			

Men 18-24 200 Yard Freestyle

LOCAL: 1:44.99 L 4/2/2006 PAuEL V ZHURAVLEV
2:00.24 18-24 NQT

1	Baetzold, Seth	20	USMS One Event Registration	1:58.00	1:55.39	NQT
	26.12		1:26.10 (30.40)	1:55.39 (29.29)		
2	English, Phil	23	Hopkins Masters Swimming	1:53.39	1:56.87	NQT
	27.33		1:27.37 (29.87)	1:56.87 (29.50)		

Men 18-24 500 Yard Freestyle

LOCAL: 4:50.60 L 6/2/1983 BRIAN ROSS
5:36.46 18-24 NQT

1	English, Phil	23	Hopkins Masters Swimming	5:10.50	5:09.13	NQT
	27.43		1:29.82 (31.78)	2:01.57 (31.75)		
	2:33.17 (31.60)		3:04.84 (31.67)	3:36.26 (31.42)	4:07.88 (31.62)	
	4:39.09 (31.21)		5:09.13 (30.04)			
2	Baetzold, Seth	20	USMS One Event Registration	5:29.00	5:11.74	NQT
	26.59		1:28.71 (31.82)	2:00.44 (31.73)		
	2:32.58 (32.14)		3:04.44 (31.86)	3:36.39 (31.95)	4:08.76 (32.37)	
	4:40.33 (31.57)		5:11.74 (31.41)			

Men 18-24 100 Yard Butterfly

LOCAL: 50.31 L 12/6/2009 ZACH J WOOD
1:00.85 18-24 NQT

1	Baetzold, Seth	20	USMS One Event Registration	57.00	56.71	NQT
	26.36		56.71 (30.35)			

Men 18-24 200 Yard IM

LOCAL: 2:01.33 L 4/13/2013 Sky Boggio
2:15.64 18-24 NQT

1	English, Phil	23	Hopkins Masters Swimming	NT	2:16.32	
	30.49		1:08.25 (37.76)	1:45.97 (37.72)	2:16.32 (30.35)	

Men 25-29 100 Yard Freestyle

LOCAL: 44.93 L 12/6/2009 Timothy Liebhold
53.62 25-29 NQT

1	Parish, Patrick	29	Hopkins Masters Swimming	57.00	1:02.99	
	30.33		1:02.99 (32.66)			

Men 25-29 200 Yard Freestyle

LOCAL: 1:42.16 L 1/31/2010 Timothy Liebhold
1:57.18 25-29 NQT

1	Parish, Patrick	29	Hopkins Masters Swimming	2:06.00	2:17.14	
	31.39		1:05.95 (34.56)	1:41.95 (36.00)	2:17.14 (35.19)	

Men 25-29 500 Yard Freestyle

LOCAL: 4:40.64 L 4/4/1993 KEVIN CASSON
5:26.71 25-29 NQT

1	Parish, Patrick	29	Hopkins Masters Swimming	5:45.00	6:05.23	
	31.27		1:06.11 (34.84)	1:41.82 (35.71)	2:18.28 (36.46)	
	2:55.72 (37.44)		3:33.38 (37.66)	4:11.50 (38.12)	4:50.03 (38.53)	
	5:28.14 (38.11)		6:05.23 (37.09)			

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Men 25-29 1000 Yard Freestyle

LOCAL: 10:16.41 L 4/10/1994 JOE VRUDNY
12:03.14 25-29 NQT

1	Rosales Yepez, Jose	28	Minnesota Masters Swim Club	10:45.23	10:46.59	NQT
	28.10		59.64 (31.54)	1:31.78 (32.14)	2:04.26 (32.48)	
	2:36.71 (32.45)		3:09.06 (32.35)	3:41.71 (32.65)	4:14.36 (32.65)	
	4:47.58 (33.22)		5:19.98 (32.40)	5:52.81 (32.83)	6:25.68 (32.87)	
	6:58.74 (33.06)		7:31.54 (32.80)	8:04.76 (33.22)	8:37.17 (32.41)	
	9:10.66 (33.49)		9:43.46 (32.80)	10:16.00 (32.54)	10:46.59 (30.59)	
	11:08.18 (21.59)		11:31.10 (22.92)	10:46.59 ()		

Men 25-29 1650 Yard Freestyle

LOCAL: 17:05.32 L 12/1/1982 James Stewart
20:41.11 25-29 NQT

1	Schmidt, Jesse	27	Life Time Minnesota Masters	NT	22:08.68
	34.87		1:15.36 (40.49)	1:55.70 (40.34)	2:36.47 (40.77)
	3:17.69 (41.22)		3:59.16 (41.47)	4:39.36 (40.20)	5:18.64 (39.28)
	5:58.38 (39.74)		6:38.91 (40.53)	7:20.71 (41.80)	8:01.70 (40.99)
	8:42.13 (40.43)		9:23.34 (41.21)	10:05.48 (42.14)	10:45.44 (39.96)
	11:26.66 (41.22)		12:07.31 (40.65)	12:47.68 (40.37)	13:27.76 (40.08)
	14:07.53 (39.77)		14:46.96 (39.43)	15:27.76 (40.80)	16:08.22 (40.46)
	16:48.08 (39.86)		17:29.28 (41.20)	18:09.93 (40.65)	18:50.81 (40.88)
	19:31.29 (40.48)		20:12.03 (40.74)	20:52.02 (39.99)	21:32.21 (40.19)
					22:08.68 (36.47)

Men 25-29 50 Yard Breaststroke

LOCAL: 26.02 L 2/22/2015 Neal Kennedy
31.03 25-29 NQT

1	Schmidt, Jesse	27	Life Time Minnesota Masters	30.22	30.61	NQT
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Men 25-29 100 Yard Breaststroke

LOCAL: 57.52 L 1/26/1997 ANDREA CECCHI
1:08.06 25-29 NQT

1	Schmidt, Jesse	27	Life Time Minnesota Masters	1:06.11	1:08.73
	31.99		1:08.73 (36.74)		

Men 25-29 200 Yard Breaststroke

LOCAL: 2:11.40 L 4/13/2013 Jason Timmer
2:27.68 25-29 NQT

1	Schmidt, Jesse	27	Life Time Minnesota Masters	2:25.50	2:32.36
	34.50		1:12.87 (38.37)	1:52.54 (39.67)	2:32.36 (39.82)

Men 25-29 50 Yard Butterfly

LOCAL: 22.45 L 2/22/2015 Neal Kennedy
26.52 25-29 NQT

1	Rosales Yepez, Jose	28	Minnesota Masters Swim Club	26.50	25.69	NQT
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Men 25-29 200 Yard Butterfly

LOCAL: 1:58.88 L 4/13/1991 MIKE HALPENNY
2:19.85 25-29 NQT

1	Rosales Yepez, Jose	28	Minnesota Masters Swim Club	2:13.40	2:13.87	NQT
	28.69		1:03.16 (34.47)	1:38.94 (35.78)	2:13.87 (34.93)	

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Men 25-29 100 Yard IM

LOCAL: 50.45 L 12/6/2009 Timothy Liebhold
1:01.21 25-29 NQT

1 McDonald, Ryan 25 UC30 1:15.16 1:15.96
 34.37 1:15.96 (41.59)

Men 25-29 200 Yard IM

LOCAL: 1:55.04 L 4/16/2011 Timothy Liebhold
2:14.03 25-29 NQT

1 Parish, Patrick 29 Hopkins Masters Swimming 2:25.00 2:35.94
 32.42 1:15.52 (43.10) 2:00.60 (45.08) 2:35.94 (35.34)

Men 30-34 100 Yard Freestyle

LOCAL: 47.34 L 1/20/2008 DUANE W DOBKO
55.03 30-34 NQT

1 Nelson, Josiah 33 USMS One Event Registration NT 1:28.83
 38.56 1:28.83 (50.27)

Men 30-34 200 Yard Freestyle

LOCAL: 1:45.51 L 1/20/2008 DUANE W DOBKO
2:00.18 30-34 NQT

1 Nelson, Josiah 33 USMS One Event Registration NT 3:22.92
 39.85 1:32.88 (53.03) 2:28.07 (55.19) 3:22.92 (54.85)

Men 30-34 500 Yard Freestyle

LOCAL: 4:50.62 L 1/20/2008 DUANE W DOBKO
5:29.08 30-34 NQT

1 Nelson, Josiah 33 USMS One Event Registration 8:18.00 8:55.30
 37.61 1:26.50 (48.89) 2:20.58 (54.08) 3:15.56 (54.98)
 4:11.63 (56.07) 5:09.18 (57.55) 6:06.93 (57.75) 7:03.87 (56.94)
 7:59.67 (55.80) 8:55.30 (55.63)

Men 30-34 1650 Yard Freestyle

LOCAL: 17:22.42 L 4/13/1997 Joe Vrudny
20:20.04 30-34 NQT

1 Nelson, Josiah 33 USMS One Event Registration NT 33:04.11
 44.00 1:37.28 (53.28) 2:32.74 (55.46)
 3:28.48 () 4:24.62 (56.14) 5:21.14 (56.52) 6:18.32 (57.18)
 7:14.88 () 8:12.33 (57.45) 9:10.66 (58.33)
 10:08.92 (58.26) 11:07.46 () 12:06.40 (58.94)
 13:05.05 (58.65) 14:03.43 () 15:03.39 (59.96)
 16:03.78 (1:00.39) 17:05.39 (1:01.61) 18:05.35 ()
 19:06.18 (1:00.83) 20:07.20 (1:01.02) 21:09.99 (1:02.79)
 22:12.46 () 23:15.41 (1:02.95) 24:18.10 (1:02.69) 33:04.11 (8:46.01)

Men 30-34 200 Yard IM

LOCAL: 2:03.05 L 4/13/1997 JOE VRUDNY
2:15.81 30-34 NQT

--- Nelson, Josiah 33 USMS One Event Registration NT DQ
 Did not finish on back - back
 47.23 1:43.58 (56.35) 2:41.87 (58.29) DQ (53.12)

Men 35-39 50 Yard Freestyle

LOCAL: 20.79 L 4/18/2010 BRIAN L JACOBSON
25.22 35-39 NQT

1 Haag, Derek 36 Hopkins Masters Swimming NT 26.91

North Suburban Aquatic Club Masters
State Tune-Up Meet
Results

(Men 35-39 50 Yard Freestyle)

2	Hankee, Michael	38	North Suburban Aquatic Club	27.79	28.03
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Men 35-39 100 Yard Freestyle

LOCAL: 46.95 L 4/29/2012 Brian L Jacobson
56.12 35-39 NQT

1	Haag, Derek	36	Hopkins Masters Swimming	NT	58.41
	28.30		58.41 (30.11)		
2	Hankee, Michael	38	North Suburban Aquatic Club	1:06.35	1:01.46
	29.13		1:01.46 (32.33)		

Men 35-39 200 Yard Freestyle

LOCAL: 1:46.66 L 4/19/2009 DUANE W DOBKO
2:00.53 35-39 NQT

1	Haag, Derek	36	Hopkins Masters Swimming	NT	2:11.96
	30.63		1:04.38 (33.75)	1:38.30 (33.92)	2:11.96 (33.66)
2	Hankee, Michael	38	North Suburban Aquatic Club	2:26.63	2:22.27
	31.20		1:06.40 (35.20)	1:43.66 (37.26)	2:22.27 (38.61)

Men 35-39 500 Yard Freestyle

LOCAL: 4:54.46 L 4/19/2009 DUANE W DOBKO
5:37.14 35-39 NQT

1	Overby, Nathan	35	UC30	5:46.00	5:46.85
	31.93		1:06.35 (34.42)	1:40.97 (34.62)	2:16.37 (35.40)
	2:52.12 (35.75)		3:27.71 (35.59)	4:02.95 (35.24)	4:38.33 (35.38)
	5:13.53 (35.20)		5:46.85 (33.32)		
2	Haag, Derek	36	Hopkins Masters Swimming	NT	6:08.21
	32.02		1:07.63 (35.61)	1:43.95 (36.32)	2:21.37 (37.42)
	2:58.42 (37.05)		3:35.40 (36.98)	4:12.91 (37.51)	4:51.65 (38.74)
	5:30.39 (38.74)		6:08.21 (37.82)		

Men 35-39 1000 Yard Freestyle

LOCAL: 10:21.86 L 5/21/1992 JAMES A STEWART
11:55.08 35-39 NQT

1	Hankee, Michael	38	North Suburban Aquatic Club	NT	13:51.78
	35.41		1:15.43 (40.02)	1:56.08 (40.65)	2:37.68 (41.60)
	3:19.29 (41.61)		4:01.01 (41.72)	4:43.16 (42.15)	5:26.27 (43.11)
	6:08.88 (42.61)		6:50.62 (41.74)	7:32.04 (41.42)	8:14.14 (42.10)
	8:56.46 (42.32)		9:39.04 (42.58)	10:21.44 (42.40)	11:04.19 (42.75)
	11:46.26 (42.07)		12:29.61 (43.35)	13:11.48 (41.87)	13:52.54 (41.06)
	13:51.78 ()				

Men 35-39 1650 Yard Freestyle

LOCAL: 17:29.62 L 2/16/1992 JAMES A STEWART
20:30.30 35-39 NQT

1	Overby, Nathan	35	UC30	20:25.00	20:21.66	NQT
	32.74		1:09.01 (36.27)	1:46.15 (37.14)	2:23.36 (37.21)	
	3:00.66 (37.30)		3:38.17 (37.51)	4:15.34 (37.17)	4:52.79 (37.45)	
	5:30.50 (37.71)		6:07.93 (37.43)	6:45.19 (37.26)	7:22.21 (37.02)	
	7:59.36 (37.15)		8:36.46 (37.10)	9:14.05 (37.59)	9:51.39 (37.34)	
	10:28.84 (37.45)		11:06.03 (37.19)	11:43.29 (37.26)	12:20.81 (37.52)	
	12:57.69 (36.88)		13:34.91 (37.22)	14:12.02 (37.11)	14:49.22 (37.20)	
	15:26.60 (37.38)		16:04.42 (37.82)	16:42.10 (37.68)	17:19.75 (37.65)	
	17:57.31 (37.56)		18:34.29 (36.98)	19:11.11 (36.82)	19:46.96 (35.85)	20:21.66 (34.70)

North Suburban Aquatic Club Masters
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Men 35-39 100 Yard IM

LOCAL: 52.66 L 4/29/2012 Brian L Jacobson
1:04.10 35-39 NQT

1 Overby, Nathan 35 UC30 1:11.78 1:10.44
 32.46 1:10.44 (37.98)

Men 40-44 50 Yard Freestyle

LOCAL: 21.42 L 4/12/2014 Brian Jacobson
25.71 40-44 NQT

1 Rysavy, Jason 41 Y's Guys Swimming 26.00 25.05 NQT

Men 40-44 100 Yard Freestyle

LOCAL: 48.01 L 4/12/2014 Brian Jacobson
56.84 40-44 NQT

1 Koke, Scott 41 North Suburban Aquatic Club 53.76 54.83 NQT
 26.46 54.83 (28.37)
 2 Rysavy, Jason 41 Y's Guys Swimming 55.70 56.04 NQT
 27.02 56.04 (29.02)

Men 40-44 200 Yard Freestyle

LOCAL: 1:49.15 L 5/18/1997 NATE LEIGH
2:02.28 40-44 NQT

1 Kanter, Brad 44 UC30 2:20.00 2:20.69
 31.85 1:06.61 (34.76) 1:43.24 (36.63) 2:20.69 (37.45)

Men 40-44 1650 Yard Freestyle

LOCAL: 17:43.62 L 2/16/1997 JAMES A STEWART
20:25.85 40-44 NQT

1 Kanter, Brad 44 UC30 26:00.00 23:37.12
 35.05 1:12.85 (37.80) 1:52.49 (39.64) 2:34.34 (41.85)
 3:17.44 (43.10) 4:01.40 (43.96) 4:48.23 (46.83) 5:34.36 (46.13)
 6:21.64 (47.28) 7:07.87 (46.23) 7:53.77 (45.90) 8:37.01 (43.24)
 9:22.23 (45.22) 10:07.40 (45.17) 10:48.99 (41.59) 11:31.15 (42.16)
 12:12.97 (41.82) 12:55.65 (42.68) 13:37.51 (41.86) 14:20.83 (43.32)
 15:03.76 (42.93) 15:47.93 (44.17) 16:31.80 (43.87) 17:14.48 (42.68)
 17:57.76 (43.28) 18:40.31 (42.55) 19:26.06 (45.75) 20:09.40 (43.34)
 20:53.23 (43.83) 21:36.93 (43.70) 22:19.73 (42.80) 23:00.72 (40.99) 23:37.12 (36.40)

Men 40-44 50 Yard Breaststroke

LOCAL: 27.13 L 4/12/2014 Brian Jacobson
32.55 40-44 NQT

1 Kanter, Brad 44 UC30 44.00 41.16

Men 40-44 50 Yard Butterfly

LOCAL: 23.61 L 1/31/2010 MARTY MORAN
27.95 40-44 NQT

1 Rysavy, Jason 41 Y's Guys Swimming 27.50 27.84 NQT

Men 40-44 100 Yard IM

LOCAL: 53.22 L 4/12/2014 Brian Jacobson
1:04.72 40-44 NQT

1 Koke, Scott 41 North Suburban Aquatic Club 1:02.25 1:02.37 NQT
 27.98 1:02.37 (34.39)
 2 Rysavy, Jason 41 Y's Guys Swimming 1:05.00 1:04.51 NQT
 29.29 1:04.51 (35.22)

North Suburban Aquatic Club Masters
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Men 40-44 400 Yard IM

LOCAL: 4:28.00 L 4/18/2010 SCOTT P TRIPPS
5:02.80 40-44 NQT

1	Kanter, Brad	44	UC30	6:20.00	6:28.45
				41.50	1:30.91 (49.41)
				2:22.26 (51.35)	3:12.76 (50.50)
				4:08.65 (55.89)	5:08.44 (59.79)
				5:50.31 (41.87)	6:28.45 (38.14)

Men 45-49 50 Yard Freestyle

LOCAL: 22.06 L 4/14/2002 TRIP HEDRICK
26.03 45-49 NQT

1	Zelenak, Mark	49	UC30	27.75	27.26
2	Karstens, Mark	47	Minnetonka Masters	27.53	28.11
3	Davis, Craig	45	Minnesota Masters Swim Club	31.00	31.01

Men 45-49 100 Yard Freestyle

LOCAL: 48.35 L 4/14/2002 TRIP HEDRICK
57.20 45-49 NQT

1	Merkle, Jonathan	47	West Express	58.39	58.35
				27.94	58.35 (30.41)
2	Zelenak, Mark	49	UC30	1:00.50	1:00.18
				28.84	1:00.18 (31.34)
3	Karstens, Mark	47	Minnetonka Masters	1:03.50	1:05.17
				30.73	1:05.17 (34.44)
4	Davis, Craig	45	Minnesota Masters Swim Club	1:20.00	1:10.28
				33.40	1:10.28 (36.88)

Men 45-49 200 Yard Freestyle

LOCAL: 1:51.69 L 5/20/2007 THOMAS EMISON
2:02.96 45-49 NQT

1	Merkle, Jonathan	47	West Express	2:12.63	2:15.31
				30.85	1:04.72 (33.87)
				1:40.12 (35.40)	2:15.31 (35.19)
2	Davis, Craig	45	Minnesota Masters Swim Club	2:44.00	2:42.08
				36.21	1:17.74 (41.53)
				2:00.54 (42.80)	2:42.08 (41.54)

Men 45-49 500 Yard Freestyle

LOCAL: 5:06.53 L 4/18/2010 TOM RUEHLE
5:36.76 45-49 NQT

1	Merkle, Jonathan	47	West Express	6:02.49	5:58.56
				30.47	1:04.09 (33.62)
				1:39.17 (35.08)	2:15.24 (36.07)
				2:52.05 (36.81)	3:28.83 (36.78)
				4:06.43 (37.60)	4:44.18 (37.75)
				5:21.74 (37.56)	5:58.56 (36.82)
2	Zelenak, Mark	49	UC30	6:12.00	6:10.15
				34.00	1:11.20 (37.20)
				1:48.94 (37.74)	2:26.64 (37.70)
				3:04.80 (38.16)	3:42.54 (37.74)
				4:20.61 (38.07)	4:58.30 (37.69)
				5:34.41 (36.11)	6:10.15 (35.74)

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Men 45-49 1000 Yard Freestyle

LOCAL: 10:53.34 L 3/17/2002 JAMES A STEWART
11:50.77 45-49 NQT

1	Zelenak, Mark	49 UC30		13:00.00	13:02.54
	35.07	1:14.19 (39.12)	1:53.90 (39.71)	2:34.26 (40.36)	
	3:14.44 (40.18)	3:54.71 (40.27)	4:34.77 (40.06)	5:14.58 (39.81)	
	5:54.67 (40.09)	6:34.71 (40.04)	7:14.63 (39.92)	7:54.23 (39.60)	
	8:33.69 (39.46)	9:13.17 (39.48)	9:52.59 (39.42)	10:31.35 (38.76)	
	11:09.91 (38.56)	11:47.99 (38.08)	12:25.80 (37.81)	13:02.60 (36.80)	
	13:02.54 ()				

Men 45-49 50 Yard Breaststroke

LOCAL: 28.41 L 4/27/2008 J L Kochendorfer
33.33 45-49 NQT

1	Karstens, Mark	47 Minnetonka Masters		39.00	40.58
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Men 45-49 100 Yard Breaststroke

LOCAL: 1:02.01 L 4/19/2009 J L Kochendorfer
1:12.39 45-49 NQT

1	Merkle, Jonathan	47 West Express		1:12.53	1:13.79
	34.81	1:13.79 (38.98)			

Men 45-49 100 Yard IM

LOCAL: 57.94 L 1/25/2015 Scott Tripps
1:05.82 45-49 NQT

1	Merkle, Jonathan	47 West Express		1:10.09	1:07.35
	31.64	1:07.35 (35.71)			
2	Zelenak, Mark	49 UC30		1:16.50	1:14.68
	35.79	1:14.68 (38.89)			
3	Karstens, Mark	47 Minnetonka Masters		1:17.65	1:16.71
	36.89	1:16.71 (39.82)			

Men 50-54 50 Yard Freestyle

LOCAL: 21.90 L 4/25/2004 TRIP HEDRICK
26.71 50-54 NQT

1	Daniels, Scott	51 UC30		25.00	25.96	NQT
2	Selby, Donald	53 Hopkins Masters Swimming		27.85	28.18	
3	Ness, Randal	52 Hopkins Masters Swimming		28.90	28.91	
4	Froemke, Christian	52 Minnesota Masters Swim Club		30.00	29.61	

Men 50-54 100 Yard Freestyle

LOCAL: 48.16 L 4/25/2004 TRIP HEDRICK
59.10 50-54 NQT

1	Daniels, Scott	51 UC30		56.00	57.23	NQT
	27.33	57.23 (29.90)				
2	Weider, David	50 Minnetonka Masters		58.15	58.11	NQT
	27.89	58.11 (30.22)				
3	Ness, Randal	52 Hopkins Masters Swimming		1:02.90	1:01.79	
	29.73	1:01.79 (32.06)				
4	Selby, Donald	53 Hopkins Masters Swimming		1:04.00	1:03.69	
	29.95	1:03.69 (33.74)				
5	Froemke, Christian	52 Minnesota Masters Swim Club		1:06.00	1:05.24	
	30.71	1:05.24 (34.53)				

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Men 50-54 200 Yard Freestyle

LOCAL: 1:48.45 L 4/4/2004 TRIP HEDRICK
2:07.52 50-54 NQT

1	Weider, David	50	Minnetonka Masters	2:03.09	2:07.63
	28.69	1:00.65 (31.96)	1:34.01 (33.36)	2:07.63 (33.62)	
2	Ness, Randal	52	Hopkins Masters Swimming	2:19.00	2:19.00
	32.18	1:07.67 (35.49)	1:43.99 (36.32)	2:19.00 (35.01)	
3	Froemke, Christian	52	Minnesota Masters Swim Club	2:30.00	2:31.12
	33.74	1:11.22 (37.48)	2:31.12 (1:19.90)		

Men 50-54 500 Yard Freestyle

LOCAL: 5:21.88 L 1/18/2009 THOMAS EMISON
5:49.60 50-54 NQT

1	Weider, David	50	Minnetonka Masters	5:41.45	5:40.79	NQT
	30.57	1:03.74 (33.17)	1:37.39 (33.65)	2:11.54 (34.15)		
	2:45.83 (34.29)	3:19.59 (33.76)	3:54.15 (34.56)	4:29.18 (35.03)		
	5:04.13 (34.95)	5:40.79 (36.66)				
2	Ness, Randal	52	Hopkins Masters Swimming	6:20.00	6:20.87	
	34.32	1:12.28 (37.96)	1:51.08 (38.80)	2:29.64 (38.56)		
	3:08.00 (38.36)	3:46.58 (38.58)	4:25.32 (38.74)	5:04.17 (38.85)		
	5:43.03 (38.86)	6:20.87 (37.84)				

Men 50-54 1650 Yard Freestyle

LOCAL: 18:02.22 L 4/29/2007 JAMES A STEWART
20:50.62 50-54 NQT

1	Kough, David	51	Minnesota Masters Swim Club	20:55.62	21:00.53
	33.08	1:09.49 (36.41)	1:46.61 (37.12)	2:24.25 (37.64)	
	3:01.35 (37.10)	3:39.88 (38.53)	4:18.13 (38.25)	4:56.91 (38.78)	
	5:35.18 (38.27)	6:13.58 (38.40)	6:51.37 (37.79)	7:30.45 (39.08)	
	8:09.20 (38.75)	8:47.99 (38.79)	9:26.62 (38.63)	10:05.37 (38.75)	
	10:44.00 (38.63)	11:22.53 (38.53)	12:01.09 (38.56)	12:39.40 (38.31)	
	13:18.00 (38.60)	13:56.51 (38.51)	14:35.51 (39.00)	15:14.37 (38.86)	
	15:53.25 (38.88)	16:31.83 (38.58)	17:10.78 (38.95)	17:50.12 (39.34)	
	18:29.21 (39.09)	19:08.29 (39.08)	19:46.56 (38.27)	20:24.16 (37.60)	21:00.53 (36.37)

Men 50-54 50 Yard Backstroke

LOCAL: 28.31 L 12/7/2008 JAMES B NIELSEN
31.73 50-54 NQT

1	Daniels, Scott	51	UC30	28.50	29.13	NQT
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Men 50-54 200 Yard Backstroke

LOCAL: 2:12.18 L 4/27/2008 JEFFREY A LUKENS
2:26.24 50-54 NQT

1	Kough, David	51	Minnesota Masters Swim Club	2:43.00	2:40.94
	38.70	1:18.71 (40.01)	2:00.98 (42.27)	2:40.94 (39.96)	

Men 50-54 200 Yard Breaststroke

LOCAL: 2:25.79 L 4/18/2010 MALACHY McCARTHY
2:43.31 50-54 NQT

1	Kough, David	51	Minnesota Masters Swim Club	3:08.00	3:02.11
	41.96	1:27.98 (46.02)	2:14.93 (46.95)	3:02.11 (47.18)	

Men 50-54 50 Yard Butterfly

LOCAL: 23.19 L 4/25/2004 TRIP HEDRICK
29.27 50-54 NQT

1	Daniels, Scott	51	UC30	27.00	28.43	NQT
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(Men 50-54 50 Yard Butterfly)

2	Selby, Donald	53	Hopkins Masters Swimming	33.53	33.15
3	Froemke, Christian	52	Minnesota Masters Swim Club	40.00	43.44

Men 50-54 200 Yard Butterfly

LOCAL: 2:14.85 L 5/4/2008 DARRELL J SMITH
2:29.85 50-54 NQT

1	Kough, David	51	Minnesota Masters Swim Club	2:57.00	2:38.12
				34.26	1:14.77 (40.51) 1:58.14 (43.37) 2:38.12 (39.98)

Men 50-54 100 Yard IM

LOCAL: 56.53 L 4/25/2004 TRIP HEDRICK
1:08.45 50-54 NQT

1	Williams, Dan	54	UC30	1:08.64	1:11.58
				33.15	1:11.58 (38.43)
2	Selby, Donald	53	Hopkins Masters Swimming	1:16.50	1:16.09
				35.61	1:16.09 (40.48)
3	Froemke, Christian	52	Minnesota Masters Swim Club	1:22.00	1:20.45
				38.58	1:20.45 (41.87)

Men 50-54 200 Yard IM

LOCAL: 2:16.40 L 12/5/2010 DANIEL P SPERRY
2:25.25 50-54 NQT

1	Ness, Randal	52	Hopkins Masters Swimming	2:47.00	2:44.39
				35.11	1:18.98 (43.87) 2:08.81 (49.83) 2:44.39 (35.58)

Men 50-54 400 Yard IM

LOCAL: 4:58.41 L 4/17/2011 John M Hugo
5:17.64 50-54 NQT

1	Williams, Dan	54	UC30	6:00.00	5:25.74
				33.19	1:10.81 (37.62) 1:51.44 (40.63) 2:32.72 (41.28)
				3:19.27 (46.55)	4:08.30 (49.03) 4:47.67 (39.37) 5:25.74 (38.07)

Men 55-59 50 Yard Freestyle

LOCAL: 23.33 L 4/16/2011 TRIP HEDRICK
27.35 55-59 NQT

1	Paakh, Bruce	57	Minnesota Masters Swim Club	24.90	25.09	NQT
2	Wolter, Jim	57	Minnesota Masters Swim Club	26.32	26.58	NQT
3	Tembreull, Mark	57	North Suburban Aquatic Club	32.31	33.65	

Men 55-59 100 Yard Freestyle

LOCAL: 50.69 L 4/16/2011 Trip Hedrick
1:00.70 55-59 NQT

1	Paakh, Bruce	57	Minnesota Masters Swim Club	56.00	55.88	NQT
				26.43	55.88 (29.45)	
2	Smith, Darrell	58	Y's Guys Swimming	58.07	57.12	NQT
				27.27	57.12 (29.85)	
3	Wolter, Jim	57	Minnesota Masters Swim Club	59.85	1:00.48	NQT
				28.10	1:00.48 (32.38)	
4	Tembreull, Mark	57	North Suburban Aquatic Club	1:14.82	1:16.20	
				35.47	1:16.20 (40.73)	

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Men 55-59 500 Yard Freestyle

LOCAL: 5:48.73 L 4/15/2012 Darrell J Smith
6:00.14 55-59 NQT

1	Stracke, Larry	58	St Cloud YMCA	8:22.00	8:06.41
				43.64	1:32.03 (48.39)
				2:21.30 (49.27)	3:10.40 (49.10)
				3:59.74 (49.34)	4:49.14 (49.40)
				5:38.82 (49.68)	6:28.73 (49.91)
				7:18.42 (49.69)	8:06.41 (47.99)

Men 55-59 1650 Yard Freestyle

LOCAL: 21:11.80 L 4/4/2004 Marc S Anderson
21:22.01 55-59 NQT

1	Nelson, Curtis	59	UC30	25:00.00	25:09.23
				39.87	1:24.15 (44.28)
				2:11.06 (46.91)	2:57.83 (46.77)
				3:45.43 (47.60)	4:32.02 (46.59)
				5:19.85 (47.83)	6:06.64 (46.79)
				6:54.12 (47.48)	7:40.47 (46.35)
				8:27.35 (46.88)	9:14.03 (46.68)
				10:00.83 (46.80)	10:47.42 (46.59)
				11:33.78 (46.36)	12:19.76 (45.98)
				13:06.31 (46.55)	13:51.92 (45.61)
				14:38.37 (46.45)	15:23.55 (45.18)
				16:09.61 (46.06)	16:55.33 (45.72)
				17:41.08 (45.75)	18:26.15 (45.07)
				19:12.05 (45.90)	19:57.51 (45.46)
				20:43.85 (46.34)	21:30.03 (46.18)
				22:15.62 (45.59)	22:58.88 (43.26)
				23:43.64 (44.76)	24:28.26 (44.62)
					25:09.23 (40.97)

Men 55-59 50 Yard Backstroke

LOCAL: 27.57 L 4/13/2013 Peter Rocca
32.76 55-59 NQT

1	Holthus, Brian	57	Y's Guys Swimming	31.00	30.33	NQT
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Men 55-59 100 Yard Backstroke

LOCAL: 59.61 L 5/10/2009 JEFFREY A LUKENS
1:10.68 55-59 NQT

1	Holthus, Brian	57	Y's Guys Swimming	1:07.00	1:05.58	NQT
				31.85	1:05.58 (33.73)	

Men 55-59 200 Yard Backstroke

LOCAL: 2:08.38 L 5/10/2009 JEFFREY A LUKENS
2:30.64 55-59 NQT

1	Holthus, Brian	57	Y's Guys Swimming	2:30.00	2:23.87	NQT
				33.79	1:10.02 (36.23)	
				1:47.62 (37.60)	2:23.87 (36.25)	

Men 55-59 50 Yard Breaststroke

LOCAL: 32.22 L 4/13/2003 JIM PELISSIER
34.98 55-59 NQT

1	McCarthy, Malachy	55	Hopkins Masters Swimming	33.08	32.09L	NQT
2	Lamour, Didier	58	Minnesota Masters Swim Club	34.20	35.89	
3	Wolter, Jim	57	Minnesota Masters Swim Club	38.00	37.34	

Men 55-59 100 Yard Breaststroke

LOCAL: 1:09.39 L 4/1/2001 JIM PELISSIER
1:17.68 55-59 NQT

1	McCarthy, Malachy	55	Hopkins Masters Swimming	1:09.72	1:12.35	NQT
				34.48	1:12.35 (37.87)	

Men 55-59 200 Yard Breaststroke

LOCAL: 2:31.82 L 4/1/2001 JIM PELISSIER
2:48.94 55-59 NQT

1	McCarthy, Malachy	55	Hopkins Masters Swimming	2:34.14	2:35.92	NQT
				34.94	1:14.72 (39.78)	
				1:55.17 (40.45)	2:35.92 (40.75)	

North Suburban Aquatic Club Masters
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Men 55-59 50 Yard Butterfly

LOCAL: 24.55 L 4/16/2011 TRIP HEDRICK
 30.10 55-59 NQT

1	Paakh, Bruce	57	Minnesota Masters Swim Club	27.80	28.16	NQT
2	Smith, Darrell	58	Y's Guys Swimming	27.71	28.92	NQT
3	Lamour, Didier	58	Minnesota Masters Swim Club	28.97	29.85	NQT
4	Wolter, Jim	57	Minnesota Masters Swim Club	29.90	30.53	
5	Tembreull, Mark	57	North Suburban Aquatic Club	40.39	43.14	

Men 55-59 100 Yard Butterfly

LOCAL: 56.02 L 4/17/2011 Trip Hedrick
 1:07.80 55-59 NQT

1	Smith, Darrell	58	Y's Guys Swimming	1:02.30	1:03.50	NQT
				29.07	1:03.50 (34.43)	

Men 55-59 100 Yard IM

LOCAL: 59.32 L 4/17/2011 Trip Hedrick
 1:10.84 55-59 NQT

1	Paakh, Bruce	57	Minnesota Masters Swim Club	1:04.50	1:04.53	NQT
				29.90	1:04.53 (34.63)	
2	Smith, Darrell	58	Y's Guys Swimming	1:07.19	1:06.51	NQT
				31.00	1:06.51 (35.51)	
3	Lamour, Didier	58	Minnesota Masters Swim Club	1:07.74	1:08.99	NQT
				32.41	1:08.99 (36.58)	
4	Wolter, Jim	57	Minnesota Masters Swim Club	1:12.96	1:12.26	
				34.17	1:12.26 (38.09)	
---	Tembreull, Mark	57	North Suburban Aquatic Club	1:31.89		DQ
	Head under for 2 or more strokes - breast					
				48.55	DQ (50.95)	

Men 60-64 50 Yard Freestyle

LOCAL: 24.33 L 2/22/2015 Trip Hedrick
 28.62 60-64 NQT

1	Stevens, Richard	60	Nort'landers Swim Club	30.06	30.57	
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Men 60-64 100 Yard Freestyle

LOCAL: 54.41 L 2/22/2015 Trip Hedrick
 1:03.61 60-64 NQT

1	Stevens, Richard	60	Nort'landers Swim Club	1:11.10	1:12.54	
				33.79	1:12.54 (38.75)	

Men 60-64 50 Yard Breaststroke

LOCAL: 32.21 L 4/4/2004 JIM PELISSIER
 37.56 60-64 NQT

1	Carroll, Kevin	60	Riptide Masters	40.62	42.68	
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Men 60-64 100 Yard Breaststroke

LOCAL: 1:10.29 L 4/4/2004 JIM PELISSIER
 1:23.10 60-64 NQT

1	Carroll, Kevin	60	Riptide Masters	1:31.88	1:31.93	
				43.27	1:31.93 (48.66)	

North Suburban Aquatic Club Masters
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Men 60-64 200 Yard Breaststroke

LOCAL: 2:34.89 L 4/4/2004 JIM PELISSIER
3:00.86 60-64 NQT

1	Carroll, Kevin	60	Riptide Masters	3:26.04	3:26.92
	44.35	1:36.71 (52.36)	2:31.77 (55.06)	3:26.92 (55.15)	

Men 60-64 100 Yard IM

LOCAL: 1:06.30 L 5/9/2013 Ralph Bovard
1:14.27 60-64 NQT

1	Stevens, Richard	60	Nort'landers Swim Club	1:35.00	1:26.45
2	Carroll, Kevin	60	Riptide Masters	1:29.81	1:26.92
	40.93	1:26.92 (45.99)			

Men 60-64 200 Yard IM

LOCAL: 2:27.84 L 2/23/2013 Marc S Anderson
2:39.85 60-64 NQT

1	Carroll, Kevin	60	Riptide Masters	3:32.98	3:19.15
	42.57	1:37.92 (55.35)	2:33.97 (56.05)	3:19.15 (45.18)	

Men 65-69 1000 Yard Freestyle

LOCAL: 13:04.49 L 4/12/2014 Marc Anderson
14:27.68 65-69 NQT

1	Anderson, Marc	65	Minnesota Masters Swim Club	NT	12:47.20L NQT
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Men 65-69 1650 Yard Freestyle

LOCAL: 21:35.69 L 4/12/2014 Marc Anderson
24:37.39 65-69 NQT

1	Anderson, Marc	65	Minnesota Masters Swim Club	20:59.00	21:08.32L NQT
	34.96	1:12.95 (37.99)	1:51.66 (38.71)	2:29.94 (38.28)	
	3:08.25 (38.31)	3:46.81 (38.56)	4:25.54 (38.73)	5:04.11 (38.57)	
	5:42.68 (38.57)	6:21.43 (38.75)	7:00.15 (38.72)	7:38.24 (38.09)	
	8:16.88 (38.64)	8:55.32 (38.44)	9:33.82 (38.50)	10:12.88 (39.06)	
	10:52.16 (39.28)	11:31.25 (39.09)	12:10.10 (38.85)	12:47.77 (37.67)	
	13:27.68 (39.91)	14:06.50 (38.82)	14:45.67 (39.17)	15:24.61 (38.94)	
	16:03.43 (38.82)	16:42.18 (38.75)	17:21.10 (38.92)	18:00.24 (39.14)	
	18:39.23 (38.99)	19:17.93 (38.70)	19:56.38 (38.45)	20:34.16 (37.78)	21:08.32 (34.16)

Men 65-69 50 Yard Backstroke

LOCAL: 31.66 L 5/1/2014 Marc S Anderson
37.10 65-69 NQT

1	Kaplan, Mark	65	Edina Swim Club	51.00	48.99
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Men 65-69 100 Yard Backstroke

LOCAL: 1:11.22 L 8/9/2014 Marc Anderson
1:23.85 65-69 NQT

1	Kaplan, Mark	65	Edina Swim Club	2:05.00	1:55.73
	55.28	1:55.73 (1:00.45)			

Men 65-69 50 Yard Breaststroke

LOCAL: 32.46 L 5/1/2014 Marc S Anderson
39.04 65-69 NQT

1	Anderson, Marc	65	Minnesota Masters Swim Club	NT	33.95 NQT
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**North Suburban Aquatic Club Masters
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Men 65-69 100 Yard Breaststroke

LOCAL: 1:13.82 L 5/23/2010 JIM PELISSIER
1:29.01 65-69 NQT

1	Anderson, Marc	65	Minnesota Masters Swim Club	1:17.00	1:30.76
	33.95		1:30.76 (56.81)		

Men 65-69 100 Yard Butterfly

LOCAL: 1:10.22 L 11/9/2014 Marc Anderson
1:19.45 65-69 NQT

1	Kaplan, Mark	65	Edina Swim Club	2:05.00	2:09.21
	57.72		2:09.21 (1:11.49)		

Men 65-69 400 Yard IM

LOCAL: 5:56.75 L 4/12/2014 Marc Anderson
6:38.95 65-69 NQT

1	Anderson, Marc	65	Minnesota Masters Swim Club	6:59.00	5:36.74L NQT
	36.79		1:18.29 (41.50)	2:04.83 (46.54)	2:49.68 (44.85)
	3:38.12 (48.44)		4:27.47 (49.35)	5:03.82 (36.35)	5:36.74 (32.92)

Mixed 18+ 200 Yard Freestyle Relay

LOCAL: 1:35.67 L 4/13/2013 Hopkins Masters
C Gundersen, K Coombe, Z Hanson, B Bendix

1	North Suburban Aquatic Club	2:20.00	2:07.89
	1) Walsworth, Alyssa W30	2) Tembreull, Mark M57	3) Nordstrom, Jamie W45
	33.70	1:07.61 (33.91)	1:39.16 (31.55)
			2:07.89 (28.73)
2	Minnesota Masters Swim Club	3:00.00	2:19.92
	1) Tipton, Marcy W54	2) Nygaard, Sue W51	3) Froemke, Christian M52
	49.20	1:19.58 (30.38)	1:48.99 (29.41)
			2:19.92 (30.93)
			4) Hankee, Michael M38
			4) Davis, Craig M45

Mixed 18+ 200 Yard Medley Relay

LOCAL: 1:00.00 L 5/1/2011 Minnesota Masters
K Wind, E Bjorklund, B L Jacobson, T R Walsh

1	Minnesota Masters Swim Club	3:00.00	2:45.11
	1) Davis, Craig M45	2) Tipton, Marcy W54	3) Nygaard, Sue W51
	41.60	1:39.58 (57.98)	2:14.64 (35.06)
			2:45.11 (30.47)
			4) Froemke, Christian M52