



# Y'Guys State Tune-Up Meet University of St. Thomas Anderson Aquatic Center Sunday, February 26, 2012



Schedule: Warm-ups – 9:00-9:45 AM  
Meet – 10:00 AM to 2:00 PM

Sanction #302-002

Meet Director Brian Holthus ([bkholthus@comcast.net](mailto:bkholthus@comcast.net)) Phone (651) 621-9123

Entry information You must be USMS registered to participate (\$42 Annual Fee or \$15 One Event fee)  
\$15 meet fee for Early Bird registration on or before Sunday February 12  
\$20 meet fee advance registration on or before Friday February 24  
\$25 meet fee deck entry day of meet **ENTRIES CLOSE 30 minutes prior to Meet Start Time**  
Entry fees are non-refundable.  
Register online at [https://www.clubassistant.com/club/meet\\_information.cfm?c=1156&smid=3656](https://www.clubassistant.com/club/meet_information.cfm?c=1156&smid=3656)  
Paper entry form also available – contact Meet Director for more information  
  
Maximum of 5 individual events per entry. Positive check in required for all events 400 yards and longer.

Pool Access: The pool is located in the Anderson Athletic Center on campus. Parking is available in school lots and city streets near campus.

Relays: There will be a 5 minute break before each relay event – relay entries will be accepted through the start of the break before each relay. All relays must complete a relay entry card complete with first and last name and age of each swimmer. Each card must be completed completely with club name (all 4 members must be registered with that club), circle the distance and type of relay.

Results: Will be posted at the meet and on line at [www.minnesotamasters.com](http://www.minnesotamasters.com) within one week.

Event Number	Event	Entry Time
1	200 Free	__:__:__
2	200 Fly	__:__:__
3	50 Breast	__:__:__
4	100 Back.	__:__:__
5	400 IM	__:__:__
6	800 Free Relay	N/A
7	200 Breast	__:__:__
8	50 Free	__:__:__
9	200 Back	__:__:__
10	100 Fly	__:__:__

Event Number	Event	Entry Time
11	100 IM	__:__:__
12	50 Fly	__:__:__
13	500 Free	__:__:__
14	200 Medley Relay	N/A
15	100 Free	__:__:__
16	50 Back	__:__:__
17	100 Breast	__:__:__
18	200 IM	__:__:__
19	1650 Free	__:__:__

Print Name: \_\_\_\_\_  Male  Female USMS #: \_\_\_\_\_ - \_\_\_\_\_

Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_ Club: \_\_\_\_\_ Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

**Please Sign:** \_\_\_\_\_ **Date:** \_\_\_\_\_