

3rd Annual Hopkins Spring Splash

Saturday, March 11, 2012; 5:00p-8:30p

Hosted by Hopkins Masters (Sanction: TBD)

Where: Hopkins North Jr. High, 10700 Cedar Lake Rd, Mtka MN 55305 (6-lane, 25 yard pool)
Directions/Location: One mile south of Hwy 394; one mile west of Hwy 169.
Cost: \$10.00
Entry Deadline: Email by Wednesday, March 8
Schedule: Warm-Up from 5:00-6:00pm; Competition & Food from 6:00-8:30pm

Events: Choose one to five events. Event #48 will not count toward the 5-event maximum. ☺

#	Dist	Stroke	Time/Seed	#	Dist	Stroke	Time/Seed	#	Dist	Stroke	Time/Seed
1	200	Fly		17	50	Fly		33	100	Fly	
2	200	Back		18	50	Back		34	100	Back	
3	200	Breast		19	50	Breast		35	100	Breast	
4	200	Free		20	50	Free		36	100	Free	
5	200	IM		21	200	Fly		37	100	IM	
6	50	Fly		22	200	Back		38	200	Fly	
7	50	Back		23	200	Breast		39	200	Back	
8	50	Breast		24	200	Free		40	200	Breast	
9	50	Free		25	200	IM		41	200	Free	
10	100	Fly		26	100	Fly		42	200	IM	
11	100	Back		27	100	Back		43	50	Fly	
12	100	Breast		28	100	Breast		44	50	Back	
13	100	Free		29	100	Free		45	50	Breast	
14	100	IM		30	100	IM		46	50	Free	
15	400	IM		31	400	IM		47	1000+	Free	
16	500	Free		32	500	Free		48	Plunge		

Eligibility: Open to all 2012 USMS registered swimmers (ages 18+). ONE EVENT REGISTRATION available otherwise, register with USMS, at <http://www.usms.org/reg>.

Awards: Food! Sandwiches, bagels, snacks and goodies provided by Hopkins Masters!

Parking/Entrances: Park on west side for main entrance, or north side and use door "N" or "P"

REGISTRATION (email entries to minnetonkachallenge@gmail.com, bring signed registration to meet).

Name _____ Email _____
 Address _____ City _____ Zip _____
 Phone: _____ DOB _____ USMS # _____

I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. *Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.*

Signature _____

Date _____